

PRESSURE GRADIENT PREDICTION IN AORTIC COARCTATION USING A COMPUTATIONAL-FLUID-DYNAMICS MODEL: Validation against invasive pressure catheterization at rest and pharmacological stress

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Target audience: Cardiologist, Radiologist, Medical Physics, Biomedical Engineers.

Purpose: Aortic Coarctation (AoCo) accounts for 5-8% of the children with CHD¹. Even after successful early repair, life expectancy is still markedly due to long term complications (hypertension)²⁻⁴. If the imaging diagnosis and ambulatory pressure are inconclusive, invasive diagnostic catheter investigations may be required to evaluate the pressure gradient across the aorta at rest⁵, or unmask such a gradient by the use of isoprenaline to mimic physical exercise. The application of image-based computational fluid dynamics (CFD) in patients with AoCo appears promising as a non-invasive alternative diagnostic tool. The objective of this research is to know if a simple MRI based CFD model protocol can accurately predict the pressure gradient in patients with AoCo.

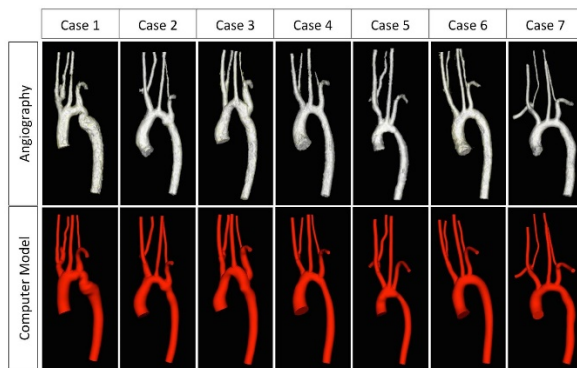


Fig. 1. Magnetic resonance angiography (first row) and solid models used for the CFD simulation (second row).

Methods: The study population included 7 cases with aortic coarctation (mean \pm standard deviation; age 19.4 ± 4.6 years, weight 71.9 ± 17.1 kg), who had a previous combined MRI (CE-MRA and 2D CINE-PC) and cardiac catheterization study. The data were acquired in a 1.5T Intera MRI scanner and BT Pulsera cardiac radiography unit, Philips, Best, Netherlands. 2D Cine-PC cardiac catheterization study was performed in rest and stress conditions. The 3D CE-MRA data was used to create geometric solid models of the aorta using the custom software SimVascular (simtk.org). The solid models were then discretized using a tetrahedral mesh generation program (MeshSim, Simmetrix, Clifton Park, NY). The 2D PC-MRI data at the level of ascending and diaphragmatic aorta were used to determine flow waveforms and distribution and to estimate the stiffness of the Aorta in these locations. The numerical method of SimVascular solves the Navier-Stokes equations for the flow of an incompressible Newtonian fluid within a deformable domain using a stabilized finite element formulation. Simulations were performed for rest and stress conditions. An average of 4-6 cardiac cycles were run for each case and the computational time oscillated between 24-48 hours for each simulation. We compared the mean (PG mean-mean) and peak to peak (PG peak-peak) value of the pressure gradient obtained between Catheter and CFD using Bland-Altman and Wilcoxon Test.

Results: We have an average of PG mean-mean between all cases of 2.85 ± 2.47 mmHg for the catheterization and 2.76 ± 1.64 mmHg for the simulation. For the PG peak-peak, we have an average between all cases of 10.36 ± 6.54 mmHg for the catheterization and 9.77 ± 6.39 mmHg for the simulation. In stress conditions we obtained an average of PG mean-mean between all cases of 12.59 ± 8.61 mmHg for the catheterization and 11.25 ± 7.60 mmHg for the simulation. For the PG peak-peak, we have that the average between all cases of 52.71 ± 22.11 mmHg for the catheterization and 37.38 ± 21.64 mmHg for the simulation. The Wilcoxon test showed no significant difference between the catheterization and CFD for the PG mean-mean in rest and stress and PG peak-peak at rest, however we found a statistically significant difference when comparing the PG peak-peak at stress (p value of 0.018).

Discussion: The pressure gradients obtained at rest conditions were in good agreement with the ones obtained from catheterization. Additional simulations found that the systematic underestimation for the PG peak-peak pressure obtained from CFD at stress was due to an incorrect estimation of the stiffness distribution of our models.

Conclusion: In conclusion we can use a systematic method to predict non-invasively pressure gradients using CFD simulation based on cardiovascular MRI.

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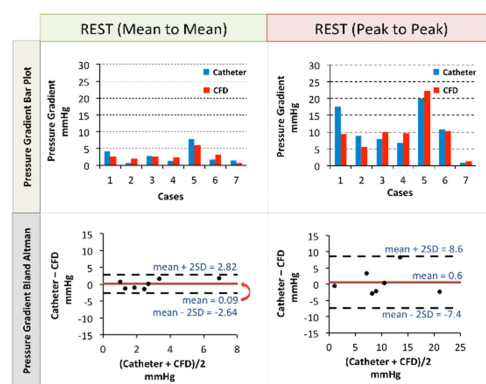


Fig. 2. Pressure gradients comparison between simulation CFD and Catheterization, for all cases in rest condition.

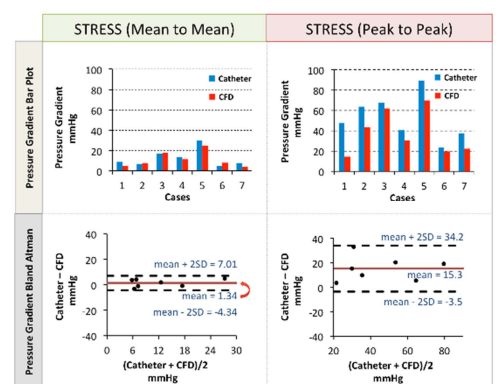


Fig. 3. Pressure gradients comparison between simulation CFD and Catheterization, for all cases in stress condition.