## Cognitive control for processing and inhibition of facial emotional expressions

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**Purpose and Introduction:** Competing demands contrary to habit require complex decision-making strategies and coordinated actions that implicate higher cognitive functions like selective attention, planning, response suppression and response selection [1]. The inhibition of the strong "stimulus-response" associations is difficult and prone to errors [2]. Affective faces in an interference task further introduces conflict in conjunction with emotion of faces, so the study was planned to find such cognitive control where the regulation of emotions is demand of daily routine.

**Methods:** The study was carried out on eighteen healthy adult subjects (sixteen males and two females; age range 20 to 45 years) after IEC approval. Inclusion criteria were: right handedness and given written consent. Exclusion criteria were left handedness, any sensory impairment (hearing/ vision), neurological or psychiatric problems, and any contraindication for MRI. The Blood oxygen level dependent (BOLD) data was acquired with 1.5T MR

scanner with 12 channel matrix head coil. Single-shot echo planar imaging (EPI) sequence was used with slice thickness 5mm, number of slices 29, TR: 2s, TE: 30 ms, flip angle 90°, FOV 230 mm, Dynamics 230, Resolution 64x64, overlaid on anatomical images using conventional T1-weighted 3D sequence. The visual stimuli of affective faces were presented using MR compatible system with binocular goggles and eye-tracker (NordicNeuroLab, Norway). The stimulus comprised of happy, sad and neutral black and white pictures of emotional faces. The paradigm included two baselines 30 sec and 90 sec of black screen display and another as one emotional face (happy, sad and neutral) expression, respectively. The task was in three blocks (6 event x 3blocks) where each event was of 1.9 sec duration comprising of three faces where

3.95 Right Uncus BA 38 3.89 Parahippocampal Gyrus BA 30 Right Medial Frontal Gyru BA 11,2 11 3.48 Left Superior Temporal Gyrus BA 38 3.48 Right Superior Temporal Gyrus BA 38 BA 18 Left Lingual Gyrus Lingual Gyrus

Table 1: BOLD activation for incongruent emotional expression (p<0.001)

Lingual Gyrus

Parahippocampal Gyrus

Area

BA 19

BA 36

Hemi-

sphere

Right

Right

score

5.22

4.15

228

45

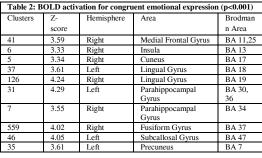
central face as stimulus to be responded by pressing button on MR compatible keypad (button1 as happy expression and button 2 as sad expression). Pre-

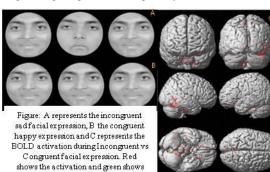
and post-processing was done using SPM12 (Wellcome Department of Cognitive Neurology, London, UK). The BOLD clusters were converted from MNI template to the Talairach and Tornoux coordinates, for estimation of anatomical areas. The group data was analyzed by one-way ANOVA test (p<0.001, cluster threshold 10).

Results and Discussion: The BOLD data showed that congruent and incongruent processing revealed activation in right precuneus, fusiform, bilateral lingual gyri (facial recognition, directing visual attention) [3-6] and medial frontal cortex (cognitive control) [2, 7]. During incongruent processing significant BOLD activity was in bilateral superior temporal cortex which can be attributed to higher order visual processing systems for Stroop task (selective attention) [8].

Conclusion: The results indicate that suppression of automatic action in favor of controlled less automatic facial expression required higher order visual processing system including occipito-temporal-parietal neural pathway.

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deactivation