

## B1-based SAR determination for local RF transmit coils

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**Target audience:** MR physicists and RF engineers with focus on RF safety / parallel RF transmission

**Purpose:** SAR management, particularly the prediction of local SAR during scan planning, is a central issue of parallel RF transmission (pTX) to ensure patient safety. SAR is usually estimated based on models, but could alternatively be estimated from individually measured  $B_1$ -maps [1-3]. A key issue of this “ $B_1$ -based SAR determination” (BBS) is that the longitudinal component of  $B_1$ ,  $B_z$ , cannot be measured via MRI, and thus, suitable estimations for  $B_z$  have to be found. Satisfactory results have been reported assuming  $B_z = 0$  for TX arrays of rods forming birdcage-type volume coils [1-3]. However, this assumption should be less valid for the upcoming type of TX arrays consisting of local elements (“mattresses”), particularly near transversely oriented parts of conductors. On the other hand, patient-individual SAR determination is of increased interest for these local TX arrays due to their individual placement on the patient. This study investigates different ways for fast and simple  $B_z$  modelling and the resulting impact on the corresponding local SAR estimation, based on simulations of elliptic cylinders as well as realistic patient models for single elements of a TX array at 3 T.

**Theory:** To accurately determine local SAR, all three spatial components of the magnetic RF field  $\mathbf{B} = \{B_x, B_y, B_z\}$  are needed to calculate the required electric field  $\mathbf{E}$ , see Eq. (1). This study focuses on estimating the unknown  $B_z$ , i.e., it is assumed that  $B_x$  and  $B_y$  are known from the (exactly or approximately) determined  $B_1^+$  and  $B_1^-$  (see, e.g., [4,5] for  $B_1^-$  and numerous studies on  $B_1^+$ -mapping), and so are conductivity  $\sigma$  and permittivity  $\epsilon$  (see, e.g., [1]). Magnetic permeability  $\mu$  and mass density  $\rho$  are assumed to be constant throughout the patient. Three different approaches to estimate  $B_z$  have been tested: (A) Assuming  $B_z = 0$  as, e.g., in [1-3]. (B) Simulating  $B_z$  for the “empty” loop coil, i.e., without patient model. This can be done once, and the resulting  $B_z$  can be subsequently applied for BBS in all scans using this coil. (C) Integrating known  $B_x$  and  $B_y$  via Gauss’s Law, see Eq. (2). This approach requires that the FOV of the BBS scan can be extended in feet-head direction to  $z_0(x,y)$  with  $B_x(x,y,z_0) \approx B_y(x,y,z_0) \approx 0$ , which is a realistic task for the local surface coils regarded.

**Methods:** The three described approaches to estimate  $B_z$  have been tested in two different scenarios. First, a circular loop coil ( $f = 128$  MHz,  $\mathcal{O} = 20$  cm) was simulated with a simple abdominal model (elliptic cylinder with  $\mathcal{O} = 20/40$  cm, length 50 cm,  $\sigma = 0.4$  S/m,  $\epsilon_r = 80$  using “Concept II”, Technical University Hamburg-Harburg, Germany). Second, an octagonal coil ( $\mathcal{O} = 20/40$  cm, Fig. 1a, [6]) was simulated with a realistic patient model (“Ella” [7] using “XFDTD MicroCluster”, Remcom Inc., USA, Fig. 1b). In both scenarios, the coil was shifted 10 cm off-center to the right, was located 3 cm from the surface of the model, and was angulated to a tangential position. The resulting local SAR was calculated using the three approaches for  $B_z$  as presented above and compared with the “true” SAR resulting from the electric fields provided by the simulation software tools. Additionally, the impact of different coil positions and transverse / longitudinal angulations on BBS has been tested for the first simulation scenario (cylindrical abdomen model).

**Results/Discussion:** Results for the two investigated scenarios are given in Fig. 2. The figure shows the sagittal slice through the center of the loop coil, where maximum  $B_z$  (and thus, maximum SAR error) occurs. The assumption (A)  $B_z = 0$  yields an overestimation of local SAR. This counter-intuitive result is based on opposite signs of the involved derivatives of longitudinal and transverse  $B_1$  components. Using the  $B_z$  of an empty coil (B) yields an underestimation of local SAR. The best results are obtained using Gauss’s Law for  $B_z$  determination (C). These findings agree in the two simulation scenarios, confirming their validity. - Numerous simulations varying position and angulation of the coil revealed a minor impact of these parameters on the resulting SAR error, much less than the impact of estimating  $B_z$ .

**Conclusion:** This study demonstrates the applicability of BBS for local surface coils via a fast and simple estimation of the unknown  $B_z$ . Thus, BBS could play an important role for RF safety of individually placed surface TX arrays, where model-based SAR estimation is hampered by the large number of degrees of freedom. Future studies have to clarify the applicability of the method for *in vivo* measurements.

**References:** [1] Katscher U et al., IEEE Trans Med Imag 28 (2009) 1365 [2] Voigt T et al., MRM 68 (2012) 1117 [3] Zhang X et al., IEEE Trans Med Imag 32 (2013) 1058 [4] Wang J et al., MRM 53 (2005) 408 [5] Sodickson D et al., ISMRM 20 (2012) 387 [6] Leussler C et al., ISMRM 23 (2015), subm. [7] Christ A et al., Phys Med Biol 55 (2010) N23

$$\text{SAR} = \sigma \mathbf{E}^2 / (2\rho) = \sigma (\nabla \times \mathbf{B} / (\mu\sigma + i\omega\mu\epsilon))^2 / (2\rho) \quad (1)$$

$$B_z(x, y, z) = - \int_{z_0(x, y)}^z \partial_x B_x(x, y, z') + \partial_y B_y(x, y, z') dz' \quad (2)$$

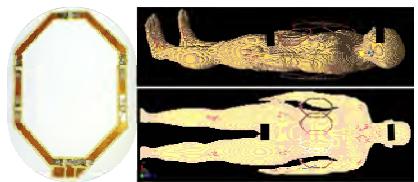


Fig. 1: Input for realistic simulation scenario: TX array element [6] (left) and patient model “Ella” [7] (right).

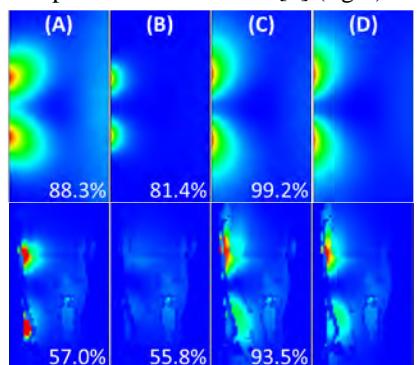


Fig. 2: Sagittal SAR distributions of (upper row) cylindrical and (lower row) realistic patient model for column (A): neglecting  $B_z$ , column (B):  $B_z$  of “empty” coil without patient, and column (C):  $B_z$  derived via Gauss’s Law, Eq. (2). Correlation with expected SAR in column (D) is given at the bottom of each plot.