

# Enhanced Contrast of Ischemic Stroke Lesions in Non-Gaussian Diffusion Imaging

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**Target Audience.** This abstract evaluates two non-Gaussian diffusion models as biomarkers of stroke lesions and is of interest for researchers and clinicians dealing with brain pathologies and applications of advanced diffusion MRI methods.

**Purpose.** Recent diffusion MRI studies of stroke in humans and animals have shown that the quantitative parameters characterising the degree of non-Gaussianity of the diffusion process are much more sensitive to ischemic changes than the *apparent diffusion coefficient* (ADC) considered thus far as the “gold standard”. These studies were based on the novel non-Gaussian methods, such as diffusion kurtosis imaging<sup>1,2</sup> and log-normal distribution function imaging<sup>2</sup>. Here we analyse the applicability and sensitivity of two non-Gaussian methods, stretched-exponential function (SEM)<sup>3</sup> and gamma-distribution function (GDF)<sup>4</sup> for providing biomarkers of ischemic lesions in the animal stroke models. A special focus is placed upon enhanced contrast of fine tissue microstructure in the affected tissue.

**Materials and Methods.** Transient middle cerebral artery occlusion (90 min) was induced in three animals (300 g, Sprague-Dawley male rats) for the stroke experiments. The rats were imaged 24 hours after reperfusion. For immunohistochemistry and fluorescence microscopy, brains were perfused with a saline solution and with 4% paraformaldehyde, and extracted. They were kept in paraformaldehyde for 2 h, 15% sucrose solution for 12 h and 30% sucrose solution for 24 h for cryoprotection. Fluorescence microscopy was performed on an Axio Observer Z1 microscope (Carl Zeiss MicroImaging, Jena, Germany). One slice (10  $\mu$ m thickness) was treated with an antibody against neuronal nuclei (NeuN, Millipore, MAB377X, alexa 488 conjugated) and with 4',6'-diamidino-2-phenylindole (DAPI) staining. Figure 1 demonstrates NeuN/DAPI labelled photomicrograph showing the cortical lamination. MRI experiments were performed on a 7T system (Bruker, PharmaScan) equipped with magnetic field gradients with maximum strength of 760 mT/m. The diffusion-weighted signal  $S$  was analysed in the range of  $b$ -values  $\leq 6 \mu\text{m}^2/\text{ms}$  in terms of SEM ( $DDC$ ,  $\alpha_{SE}$ ) and GDF ( $\theta$ ,  $\kappa$ ) models. The maps were produced for the corresponding parameters.

**Results and Discussions.** Clear deviations from the mono-exponential behaviour occurred for  $b > 1000 \text{ mm}^2/\text{s}$ . Figure 1 (left) shows lesion locations in the anatomical RARE images and  $\chi^2$ -maps of the mono-exponential fits for various  $b$ -value ranges. Clearly, the deviations increase with increasing  $b$ -value and reveal increasing contrast between GM and WM (consider “bright” WM tracts). Stroke lesions cannot be recognised in  $\chi^2$ -error maps for  $b \leq 1000 \text{ mm}^2/\text{s}$  but become strikingly enhanced for larger  $b$ , providing a clear evidence for

higher degree of non-Gaussianity in lesions than in healthy tissue. GDF provided larger relative changes of both parameters ( $\sim 75\%$  for  $\theta$  and  $\sim 60\%$  for  $\kappa$ ) in stroke than the “gold standard” apparent diffusivity,  $ADC$  ( $\sim 35\%$ ). SEM demonstrated a larger change of  $DDC$  ( $\sim 51\%$ ) than that of the  $ADC$  %, but a smaller change of  $\alpha_{SE}$ . However, the scatter plots of SEM and GDF parameters allowed us to delineate affected tissue with a very high reliability; see Figure 2. An interesting finding of this work is the appearance of laminar cortical structures in stroke lesions; see Figure 3. The genuine differences in cortical layer microstructure are well-known from histology (Figure 1) but cannot be easily visualised by MRI. In healthy regions, no

clear laminar contrast was observed but became distinguishable in the lesions represented by  $\alpha_{SE}$ -,  $\theta$ - and  $\kappa$ -maps. This fine structure is hardly visible in the  $ADC$  maps. Our finding allows us to propose that the cascade of ischemic processes tends to non-uniformly affect the cortical layers differentiating by their cyto- and myeloarchitecture. Selective vulnerability of cortical layers to ischemia was reported in a few works<sup>5</sup>. A significant difference between cortical layers in the time profile of eosinophilic neurons in the post-ischemic cortex was reported by Sun et al.<sup>5</sup> However, based on diffusion studies, such a phenomenon has not been observed before.

**Conclusion.** In conclusion, the non-Gaussian models, SEM and GDF, enable enhanced cortical layer visualization in stroke lesions in comparison to the  $ADC$ . The implications of this need to be further evaluated.

**References.** [1] Jensen JH, Fjalngola MF, Hu C, et al. (2011) Preliminary observations of increased diffusional kurtosis in human brain following recent cerebral infarction. *NMR Biomed* 24: 452-457; [2] F. Grinberg, L. Ciobanu, E. Farrher, N.J. Shah, Diffusion kurtosis imaging and log-normal distribution function imaging enhance the visualisation of lesions in animal stroke models, *NMR Biomed.*, 25(2012) 1295-304; [3] K.M. Bennett, K.M. Schmainda, R.T. Bennett, et al., Characterization of continuously distributed cortical water diffusion rates with a stretched-exponential model, *Magn. Reson. Me* d., 50 (2003) 727-734; [4] Rödning M, Bernin D, Jonasson J, et al. (2012) The gamma distribution model for pulsed-field gradient NMR studies of molecular-weight distributions of polymers. *J Magn Reson* 222: 105-111. [5] Sun L, Kuroiwa T, Ishibashi S, et al. (2006) Time profile of eosinophilic neurons in the cortical layers and cortical atrophy. *Acta Neurochir Suppl* 96: 272-275.

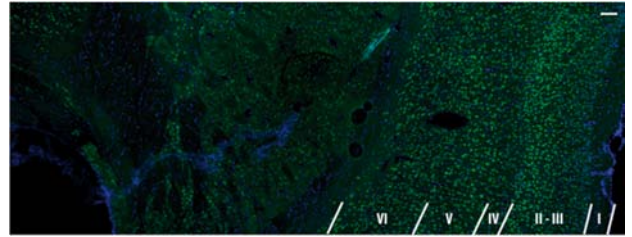


Figure 1. NeuN/DAPI labeled photomicrograph demonstrating the cortical layered structure. Scale bar 100  $\mu$ m.

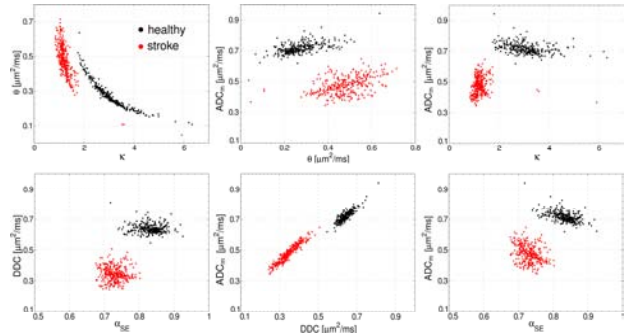


Figure 2. Scatter plots for different combinations of parameters:  $\theta$  vs.  $\kappa$  (GDF)  $DDC$  vs.  $\alpha_{SE}$  (SEM), and  $ADC_m$  vs. each of the GDF and SEM parameters.

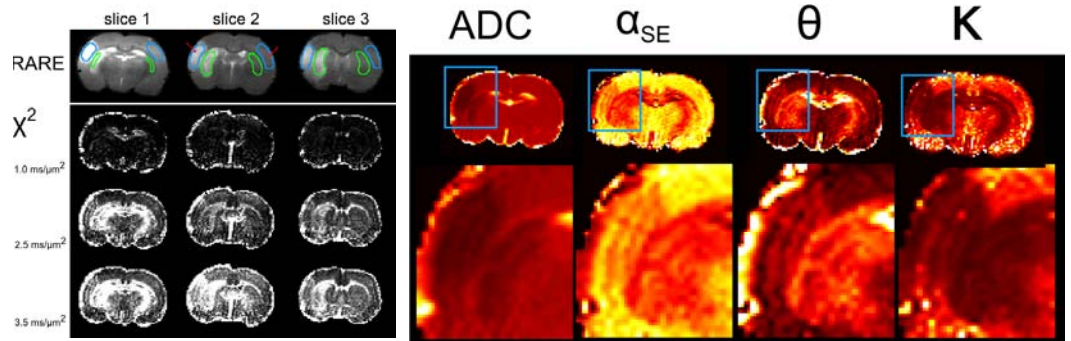


Figure 3. (left) Anatomical RARE images and  $\chi^2$ -maps for various  $b$ -value ranges. The errors increase throughout the image with increasing  $b$ . In lesions and WM regions, the increase is especially strong leading to a more clear contrast at larger  $b$ ; (right) Parameter maps for  $ADC$ ,  $\alpha_{SE}$  (SEM),  $\theta$  and  $\kappa$  (GDF) representing the layered structure in the lesions. The  $DDC$ -map is not shown as the difference to the  $ADC$ -map in visualising the layers was not significant.

This fine structure is hardly visible in the  $ADC$  maps. Our finding allows us to propose that the cascade of ischemic processes tends to non-uniformly affect the cortical layers differentiating by their cyto- and myeloarchitecture. Selective vulnerability of cortical layers to ischemia was reported in a few works<sup>5</sup>. A significant difference between cortical layers in the time profile of eosinophilic neurons in the post-ischemic cortex was reported by Sun et al.<sup>5</sup> However, based on diffusion studies, such a phenomenon has not been observed before.

**Conclusion.** In conclusion, the non-Gaussian models, SEM and GDF, enable enhanced cortical layer visualization in stroke lesions in comparison to the  $ADC$ . The implications of this need to be further evaluated.

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