

Repeatability and Variability of Pre-Clinical Hepatic Arterial Spin Labelling

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Target audience: This abstract will be of interest to those who research arterial spin labelling, liver perfusion and liver disease.

Purpose: Arterial spin labelling (ASL) has been developed in various organs to measure perfusion^{1,2,3} but has not yet found extensive utility in the liver, in part due to challenges associated with robustly accommodating its dual vascular supply and susceptibility to respiratory motion. Non-invasive liver perfusion measurements could allow the monitoring of hepatic disease progression and drug efficacy in pre-clinical models of cirrhosis⁴ and tumour metastasis⁵. Our previous work has demonstrated the feasibility of single-slice Look-Locker Flow-Sensitive Alternating Inversion Recovery (FAIR) hepatic ASL (hASL) measurements⁶. The aim of this study was to characterise the reproducibility of hASL measurements in mice both within the same imaging session and from imaging sessions separated by one week.

Methods: *ASL acquisition:* Scans were performed on a 9.4T Agilent VNMRS (Agilent Technologies, Santa Clara, US) MRI system, using a 39 mm birdcage coil (Rapid Biomedical, Rimpar, Germany). Single-slice perfusion measurements were obtained using a respiratory-triggered inversion, segmented FAIR Look-Locker ASL sequence with a spoiled gradient-echo readout⁶. *In vivo measurements:* Ten age- and weight-matched mice were anaesthetised using 1.5% isoflurane in O₂. Body temperature was monitored and maintained using heated water-pipes. *Repeatability Protocol:* Respiratory-gated fast spin echo images were used to identify an axial imaging slice at the porta hepatis. Four consecutive ASL scans were performed in each mouse, and the protocol repeated one week later.

Post-processing: Perfusion maps were calculated using the Belle model², with a blood-tissue partition coefficient of 0.95 ml/g⁷ and liver capillary blood T1 of 1900 ms⁸. Perfusion was assumed to be from both the arterial and venous systems. Coefficient of variation (CV) and repeatability coefficients (RC) were calculated for within-session (WS), between-session (BS) and between-animal (A) perfusion⁸ for two ROIs: 1) over the whole liver parenchyma visible within the slices, and 2) over a smaller area, typical of a metastatic lesion approximately 3.5mm².

Results: Fig. 1 shows an example anatomical T2-weighted image (A) and corresponding perfusion map of the liver (B).

On the anatomical images, blood vessels (labelled) appear hypo-intense and intestines appear hyper-intense compared to liver tissue (outlined). The major vessels can be visualised in Fig. 1B due to a high, non-physiological perfusion signal. Across all scans and subjects, mean liver perfusion was measured at 2.2 ± 0.8 ml·g⁻¹·min⁻¹ and agrees well with invasive clearance measurements^[7,9]. Within-session (Fig. 1C) and between-session (Fig. 1D) Bland-Altman analysis over the liver parenchyma or metastases-sized ROI (data

not shown) shows no magnitude dependence or trend. The smaller ROI produced a larger variability and RCs (Table 1). The largest variability for both ROIs was observed between each animal, suggestive that inter-animal variations are larger than the ASL variability, although robustly isolating each source of variability is not straightforward.

Discussion & Conclusions: We have previously shown the feasibility of mouse hepatic ASL (hASL), using a Look-Locker FAIR approach^[6]. hASL is still relatively novel and has not yet been extensively reported in the literature, and here we have quantified its repeatability, which will enable study design in the application of the technique to pre-clinical disease models. The calculated CVs and RCs for the whole-liver ROIs (approx. 85mm²) will find utility monitoring gross hepatic diseases such as cirrhosis and fibrosis. However, the smaller, metastasis-sized ROI RCs indicate that a much larger change in perfusion is required to be for statistical significance; the technique may be limited to longitudinally monitor perfusion variations between different sessions, but may be sensitive enough to detect acute induced fluctuations within an imaging session. Also, given that hASL does not require the injection of a contrast agent, repeated scans can be used to probe acute changes in liver or lesion blood flow, such as we recently showed following treatment of liver metastases with a vascular disrupting agent¹⁰.

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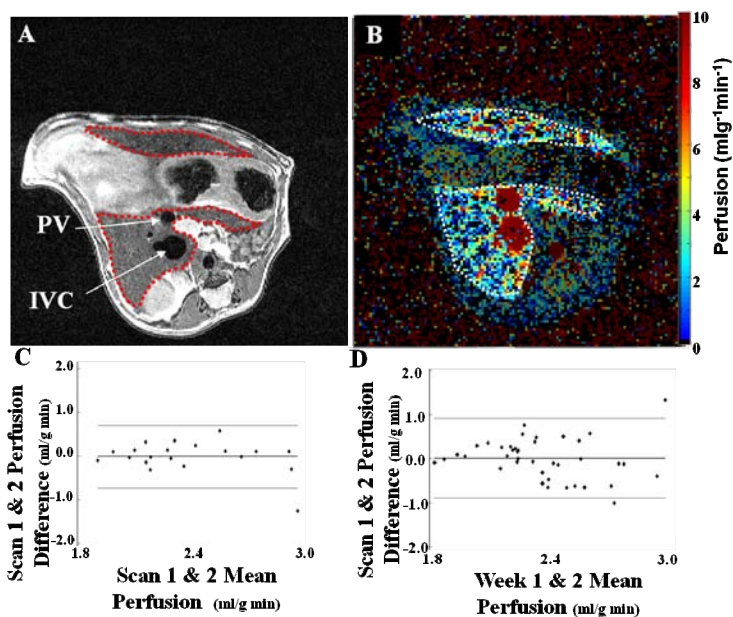


Figure 1: (A) T2w axial abdominal slice with liver region (outlined red) and portal vein (PV) and inferior vena cava (IVC) labelled. (B) Corresponding hASL perfusion map. Bland-Altman plot of mean liver perfusion from measurements acquired within a single imaging session (C) and measurements from acquisitions separated by a week.

	Whole Liver	Met-sized ROI
CV _{WS}	7 ± 1%	20 ± 2%
CV _{BS}	9 ± 1%	30 ± 4%
CV _A	15 ± 1%	33 ± 1%
RC _{WS}	18%	43%
RC _{BS}	29%	80%

Table 1: Coefficients of Variation (CVs) and Bland Altman Repeatability Coefficients (RCs) calculated over the whole liver and a metastasis-sized ROI. Values are calculated for within-session (WS), between-session (BS) and between animal (A).