

## Measuring absolute CMRO<sub>2</sub> using Asymmetric Spin Echo and hyperoxic calibrated BOLD

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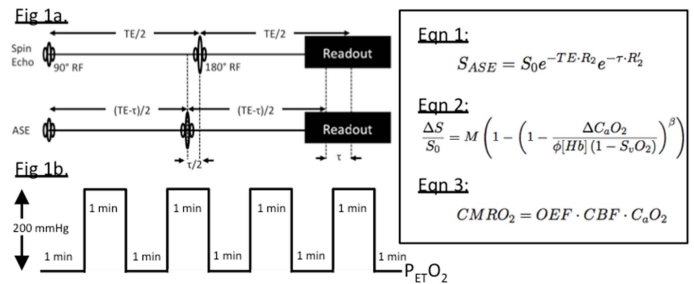
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**Target Audience:** Researchers and clinicians interested in a quantitative measure of absolute cerebral oxygen metabolism.

**Purpose:** Dual calibrated FMRI (dcfMRI) offers an MR technique capable of measuring absolute CMRO<sub>2</sub><sup>1-3</sup> regionally. It is an extension of the calibrated BOLD methodology<sup>4,5</sup>. CBF and BOLD time-series are acquired during a hypercapnic-hyperoxic (HC-HO) respiratory manipulation and estimates of absolute CMRO<sub>2</sub> are produced using a BOLD signal model. However hypercapnia (HC) is associated with air hunger, intolerance<sup>6</sup> and sensory stimulation<sup>7</sup> as well as some reports of it modulating CMRO<sub>2</sub> itself<sup>8</sup>. A key parameter in the models is M, the maximum BOLD signal change at [dHb]=0. The potential to relate M to R'<sub>2</sub> is reported<sup>9</sup> and is given as  $M = TE \cdot R'_2$ . The measure of R'<sub>2</sub> with asymmetric spin echo (ASE) has been demonstrated<sup>10</sup>. The ability of ASE to measure M presents an opportunity to replace the use of HC in dcfMRI, making dcfMRI more comfortable and convenient to implement.

**Theory:** An ASE pulse sequence with  $\tau$  shift is shown in Fig1a. The shifted 180° pulse allows R'<sub>2</sub> weighting of the signal described by Eqn1. Hyperoxia (HO) calibrated BOLD<sup>5</sup>, measures BOLD signal change caused by increasing arterial oxygen content (C<sub>a</sub>O<sub>2</sub>) and is described by Eqn2. In standard hyperoxic calibrated BOLD, M is estimated with both measured ( $\frac{\Delta S}{S_0}, \Delta C_aO_2$ ) and assumed ( $\phi$ , [Hb], S<sub>v</sub>O<sub>2</sub>,  $\beta$ ) model parameters. However if M is known, then S<sub>v</sub>O<sub>2</sub> can be given by Eqn2. Assuming arterial blood is fully saturated (OEF = 1 - S<sub>v</sub>O<sub>2</sub>) and CBF can be measured using ASL, absolute CMRO<sub>2</sub> is given by Fick's principle, Eqn3. This is analogous to the dcfMRI approach taken by Bulte *et al.*<sup>1</sup> where M is given by HC calibration.

**Methods:** 8 normal healthy participants (aged 24 - 39) were scanned on a 3T GE HDx MRI using a protocol lasting ~15mins. All participants had high-res structural scans available. CBF and BOLD data were acquired with a dual GRE, spiral readout, PICORE QUIPSSII acquisition (TR/TE<sub>1</sub>/TE<sub>2</sub>=2.2s/3ms/29ms, FOV 22cm, matrix 64x64, 12 slices of 7mm thick (1mm gap), T<sub>1</sub>/T<sub>2</sub>=700/1600ms, 20cm tag thickness) during a HO respiratory challenge lasting 9 mins Fig1b. The same anatomical area was scanned using an ASE spiral acquisition with  $\tau = 0, 20, 25$  & 30ms.  $\tau$  was chosen in the monoexponential regime of the signal model<sup>11</sup>. A GRE readout with spiral k-space acquisition was used (TE=44ms, TR=3s, flip angle 90°). In-plane resolution was the same as for the earlier dual echo scan but 32 slices with 2mm thickness (1mm gap) were acquired. Smaller slice thickness reduced the effects B<sub>0</sub> inhomogeneities<sup>12</sup>. 20 volumes (1min) were acquired at each  $\tau$ . Two GRE's were collected at TE = 7 & 9 ms to correct for through slice dephasing. Each ASE( $\tau$ ) was averaged over 20 volumes to give S<sub>ASE( $\tau$ )</sub> maps and corrected for signal attenuation due to through-slice dephasing using a sinc function<sup>11</sup>. Mean grey matter (GM) signal, S<sub>ASE( $\tau$ )</sub>, was extracted using GM segmented ROI's from the high resolution images. These ROI measures were then used to produce estimates of M from the different  $\tau$  acquisitions giving M <sub>$\tau$ 20</sub>, M <sub>$\tau$ 25</sub> and M <sub>$\tau$ 30</sub> using Eqn1 and M<sub>fit</sub>, was determined by fitting Eqn1 to all  $\tau$ 's. GM BOLD and CBF ROI time-series were produced alongside P<sub>ET</sub>O<sub>2</sub>, time-series, periods of normoxia were averaged as were periods of HO to estimate changes from baseline. During HO no change in CBF was assumed. C<sub>a</sub>O<sub>2</sub>, was calculated from P<sub>ET</sub>O<sub>2</sub>. M $\tau$ 's were then used in Eqn2 to measure S<sub>v</sub>O<sub>2</sub>. Baseline CBF was taken from periods of normoxia and used with S<sub>v</sub>O<sub>2</sub> to calculate absolute CMRO<sub>2</sub> Eqn3.



**Figure 1:** Fig1a is a schematic demonstrating the  $\tau$  shift in ASE. Fig1b shows the timing of the hyperoxic respiratory manipulation. Eqns. 1, 2 & 3 are used in the Theory section.

| HO-M $\tau$  | M           | S <sub>v</sub> O <sub>2</sub> | CMRO <sub>2</sub> |
|--------------|-------------|-------------------------------|-------------------|
| $\tau$ =Fit  | 0.11 ± 0.01 | 0.05 ± 0.14                   | 189 ± 37          |
| $\tau$ =30ms | 0.10 ± 0.01 | 0.48 ± 0.14                   | 197 ± 37          |
| $\tau$ =25ms | 0.10 ± 0.01 | 0.53 ± 0.14                   | 178 ± 38          |
| $\tau$ =20ms | 0.08 ± 0.02 | 0.63 ± 0.14                   | 140 ± 35          |

CBF<sub>base</sub> = 50 ± 10 ml/100g/min

**Table 1:** Group mean M, S<sub>v</sub>O<sub>2</sub> and CMRO<sub>2</sub> ( $\mu$ mol/100g/min) values in GM measured using combined ASE- M<sub>R'<sub>2</sub></sub> & HO calibrated BOLD.

calibrated BOLD technique has the potential to provide regional measures of S<sub>v</sub>O<sub>2</sub> and absolute CMRO<sub>2</sub>. This is an extension of the dcfMRI protocol which circumvents issues associated with hypercapnia and may have the potential to provide whole brain maps in a short scan time. However, more work is required to optimise the measure of M with ASE.

**References:** 1. Bulte *et al.* NeuroImage. 2012,60: 582; 2. Gauthier *et al.* NeuroImage. 2012,60:1212; 3. Wise *et al.* NeuroImage. 2013,83:135; 4. Davis *et al.* PNAS. 1998,95:1834; 5. Chiarelli *et al.* NeuroImage. 2007,37:808; 6. Mohtasib *et al.* NeuroImage. 2012,59:1143; 7. Kannurpatti *et al.* NeuroImage. 2008,40:1567; 8. Zappe *et al.* Cerebral Cortex. 2008,18:2666; 9. Blockley *et al.* NeuroImage 2012,60:279-289; 10. Wismer *et al.* J Comput Assist Tomogr. 1988, 12:259 11. Blockley *et al.* NMRBiomed. 2012,26:987; 12. Franconi *et al.* NMRBiomed. 2006,19:527; 13. Fujita *et al.* NeuroImage. 2003,20:2071; 14. Ibaraki *et al.* JCBFM. 2010,30:1296.