A joint background field removal and dipole deconvolution approach for quantitative susceptibility mapping in the liver

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Target Audience: Researchers who are interested in quantitative susceptibility mapping.

Purpose: Noninvasive quantification of liver iron concentration (LIC) is important for the detection, staging, and treatment monitoring of iron overload. Current relaxometry-based methods (i.e. R2 and R2*) have good correlation with LIC¹⁻³, although their relationship with LIC is empirically derived⁴. Magnetic susceptibility is a fundamental property of tissue that has a well-defined relationship with iron concentration⁵. Quantitative susceptibility mapping (QSM) methods have been developed in the brain to quantify the concentrations of localized iron deposits^{6,7}. However, these methods have not yet been successfully applied to the liver, in part due to the presence of fat and motion in the abdomen, as well as rapid transverse signal decay in cases of severe iron overload (i.e. high R2*). The purpose of this work was to develop and demonstrate the feasibility of a QSM technique for measuring susceptibility in the liver, which may serve as an imaging biomarker of liver iron overload.

Theory: QSM consists of estimating a local magnetic susceptibility distribution (χ_L) from a measured B0 field map (ψ). The B0 field can be written as: $\psi = \psi_L + \psi_B$ [1], where ψ_L is the local field, which is of interest, and ψ_B is the background field, which is composed of fields from the shim gradients and susceptibility sources outside of the imaging field-of-view. The local field can be expressed as: $\psi_L = D\chi_L$ [2], where D represents the dipole response kernel. Current QSM methods formulate the estimation of χ_L from ψ in two sequential and separate steps: 1) background field removal to isolate ψ_L , and 2) deconvolution of the dipole response kernel to estimate χ_L from ψ_L . Recently, SHARP base been proposed as an efficient method for background field removal. SHARP recovers the local field by solving the following expression: $ML\psi = ML\psi_L$ [3] where L is a discrete Laplacian operator and M is a binary mask that defines the spatial region of reliable estimates after applying L. Because the operator ML is singular, regularization must be incorporated to estimate ψ_L in Eq. 3. The subsequent dipole deconvolution step estimates the local susceptibility distribution (χ_L) by solving Eq. 2. Because D is singular, regularization must be also incorporated into the estimation of Eq. 2. In this work, rather than estimating χ_L via a sequential two-step reconstruction that may require two separate forms of regularization, we formulate a joint estimation by combining Eqs. 2 and 3, whereby χ_L is related directly to the measured B0 field map (ψ): $ML\psi = MLD\chi_L$ [4]. To regularize the deconvolution, an edge-weighted (E), 3D finite-difference (G) penalty term is used G. This leads to the following reconstruction expression: $\min_{\chi_L} \|ML(\psi - D\chi_L)\|_2^2 + \lambda \|EG\chi_L\|_2$ [5]. In this formulation, the background field removal and dipole deconvolution are performed jointly rather than in two separate steps.

Methods: In vivo studies were conducted after obtaining IRB approval and informed consent using a 1.5T scanner (GE Healthcare, Waukesha, WI). Multi-echo chemical shift encoded data were acquired from eight healthy subjects using a six-echo SPGR sequence and an eight-channel torso phased array. Full 3D coverage of the liver was realized in one breath-hold with the following scan parameters: $TE_1 = 1.2ms$, $\Delta TE = 2.0ms$, matrix size = 256x160x32, true spatial resolution of 1.4x1.6x8mm³, parallel imaging acceleration = 2x2. The B0 field map (as well as the water (ρ_w) and fat (ρ_f) images, and R2* map) was estimated from the SPGR acquisition using a chemical species separation reconstruction⁸. The B0 field map is

 (ρ_f) images, and R2* map) was estimated from the SPGR acquisition using a chemical naturally corrected for the presence of fat when performing this reconstruction. The local susceptibility distribution, χ_L , was estimated by minimizing the expression in Eq. 5 using linear conjugate gradients. A 3x3x3 Laplacian kernel was used to minimize the loss of field map information at the edge of the imaging volume. The edge-weighting mask, E, was generated using the image $(\rho_w - \rho_f)/(\rho_w + \rho_f)$, which clearly depicted edges in the anatomy while also being insensitive to variations in B1 coil sensitivity. The edge-weighting map was generated by assuming that 20% of the tissue pixels in the image were edges. The regularization parameter was chosen as $\lambda = 3x10^{-3}$ using two separate datasets. The susceptibility in the liver was measured with reference to the nearby subcutaneous fat, with a presumed susceptibility value of -7.79ppm⁹.

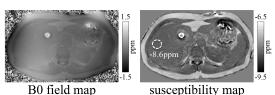


Figure 1: B0 field map and estimated susceptibility map for one of the subjects. The liver susceptibility measurement is taken with reference to the nearby subcutaneous fat.

Results: Figure 1 shows the B0 field map and the estimated susceptibility map from one subject. The liver ROI measurement is shown with respect to the subcutaneous fat. Figure 2 plots the estimated liver susceptibility value for the seven subjects. The results from one subject were excluded because the B0 field map was incorrectly estimated due to a water-fat swap. The liver susceptibility values are in close agreement with one another, and the difference between the subcutaneous fat and liver susceptibility estimates are consistent with values published in the literature^{5,9}.

Discussion and Conclusion: We have developed a QSM reconstruction technique that jointly performs background field removal and dipole kernel deconvolution to estimate the local susceptibility distribution directly from the B0 field map. We have demonstrated the feasibility of this approach for measuring susceptibility in the normal liver, which may serve as an imaging biomarker of liver iron overload. Further work will test and validate this QSM reconstruction in patients with liver iron overload. The rapid transverse signal decay in cases of iron overload, which results from high R2* in the liver, may require further refinement of the proposed approach.

References: ¹St. Pierre et al., Blood 2005;105:855-861. ²Wood et al., Blood 2005;106:1460-1465. ³Hankins et al., Blood 2009;113:4853-4855. ⁴Ghugre et al., MRM 2011;65:837-847. ⁵Schenck, Med Phys 1996;23:815-850. ⁶Schweser et al., Neuroimage 2011;54:2789-2807. ⁷Liu et al., MRM 2011;66:777-783. ⁸Reeder et al., MRM 2005;54:636-644. ⁹Hopkins et al., MRM 1997;37:494-500.

Acknowledgements: We acknowledge support of the NIH (R01 DK083380, R01 DK088925) and the WARF Accelerator Program. We also thank GE Healthcare for their support.

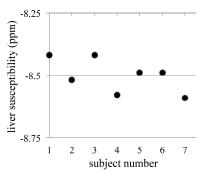


Figure 2: The liver susceptibility estimate for each of the seven subjects, with reference to the adjacent subcutaneous fat. The susceptibility values demonstrate good agreement with each other, and the values, relative to fat, are consistent with those published in the literature^{5.9}.