

Preoperatively Evaluating the Correlation between Pathological Grades and Blood Oxygenation Level-Dependent MRI in Clear Cell Renal Cell Carcinomas

Jie Chen¹, Jiule Ding¹, Changping Wu², Wei Xing¹, Jingting Jiang², Tongbing Chen³, Jun Sun¹, Yongming Dai⁴, EM Haacke⁵, and Jiani Hu⁵

¹Radiology, Affiliated Third Hospital of Suzhou University, Changzhou, Jiangsu, China, ²Oncology, Affiliated Third Hospital of Suzhou University, Changzhou, Jiangsu, China, ³Pathology, Affiliated Third Hospital of Suzhou University, Changzhou, Jiangsu, China, ⁴Siemens Healthcare China, MR Collaboration NE Asia, Shanghai, Shanghai, China, ⁵Radiology, Wayne State University, Detroit, MI, United States

Purpose: Blood oxygen level-dependent magnetic resonance imaging (BOLD-MRI) is a noninvasive tool that assesses regional tissue oxygenation. $R2^*$ values from BOLD-MRI have been correlated with the amount of local deoxyhemoglobin as well as the extent of hypoxia.^{1,2} Although BOLD-MRI technique has been used to measure changes related to tumor oxygenation in various organs,^{3,4} the correlation between $R2^*$ values and clear cell renal cell carcinomas (CRCC) grade has not been reported. This study aims to investigate the value of $R2^*$ values in grading CRCC.

Methods: 26 patients with pathologically-proven CRCCs underwent BOLD-MRI. According to the Fuhrman criteria, all tumors were classified as a grade on the scale of I - IV. On the basis of the Fuhrman nuclear grade, each tumor was then identified as a low-grade (Grade I + II) or high-grade group (Grade III + IV). All studies were performed on a 3T imaging system using a standard 12-channel phase array body-matrix coil. BOLD-MRI was acquired with transversal multiple gradient-recalled-echo sequence (TR/TE, 336/6-39.84; field of view, 270mm × 360mm; matrix size, 163×256; slice thickness, 5mm; gap 1.0mm; flip angle, 30). In order to obtain $R2^*$ as accurately as possible, T1WI, T2WI, enhanced T1WI and raw $T2^*$ -weighted imaging ($T2^*$ WI) were used to avoid necrosis and hemorrhage in the tumors. Mean $T2^*$ values of CRCCs were measured on $T2^*$ maps.

Results: There were 17 low-grade and 9 high-grade cases. The mean $R2^*$ value of CRCCs was $27.72 \pm 12.68 \text{ s}^{-1}$. Mean $R2^*$ values of low-grade and high-grade CRCCs were $21.22 \pm 6.96 \text{ s}^{-1}$ and $39.98 \pm 12.11 \text{ s}^{-1}$, respectively. $R2^*$ values of low-grade tumors were lower than that of high-grade tumors and there was a positive relationship between $R2^*$ value and CRCC grade ($r=0.66$, $P<0.005$). In a more detailed analysis, there was a significant difference in $R2^*$ values between Fuhrmann grades I and III ($P<0.005$),

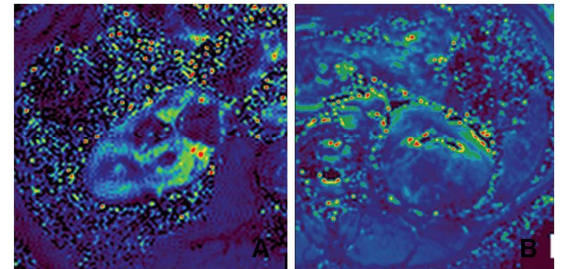
as well as between grades II and III ($P<0.01$), but not between grades I and II. There were not enough patients with grade IV CRCC ($n=1$) to perform statistical analysis.

Discussion: Many treatment options exist nowadays in the management of RCC, including surgery, radiofrequency ablation (RA), as well as active surveillance. Preoperative evaluation of CRCC grades is important for deciding on the best therapeutic option for the patient. Our study demonstrated that there were significant differences in $R2^*$ values between pathologically approved low-grade and high-grade CRCCs. High-grade CRCCs had higher $R2^*$ values than low-grade CRCCs. The difference in $R2^*$ values between low-grade and high-grade CRCCs might be caused by differences in tumor oxygenation levels. Moreover, $T2^*$ -weighted images can detect intratumoral hemorrhage more sensitively than conventional T1- and T2-weighted MRI, thus offering improved accuracy by reducing the potential influence of hemorrhage on $R2^*$ values of tumor parenchyma.

Conclusion: In conclusion, BOLD-MRI can be used to help in the grading of CRCC preoperatively.

References:

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$T2^*$ maps of low- and high-grade CRCC. Low-grade CRCC (A) appears higher $T2^*$ values than that of high-grade CRCC (B).