

Laminar-specific variations of T₂* relaxation decay in the cortex at 7 Tesla MRI

Sindhuja Tirumalai Govindarajan¹, Julien Cohen-Adad¹, Audrey Fan², Maria Pia Sormani³, and Caterina Mainero¹

¹Athinoula A. Martinos Center for Biomedical Imaging, Charlestown, Massachusetts, United States, ²Massachusetts Institute of Technology, Cambridge, Massachusetts,

United States, ³Department of Health Sciences, University of Genoa, Genoa, Liguria, Italy

Purpose. We recently demonstrated the ability of a surface-based technique to study the spatial distribution of cortical myelination in patients with multiple sclerosis^{1,2} and healthy subjects³ using T₂* gradient echo images at 7 T MRI. Our data from healthy individuals showed that quantitative T₂* mapping reveals patterns of cyto- and myeloarchitecture of the human cortex *in vivo*³. In this study, we probe the potential of mapping T₂* in the cortex as a function of cortical depth to reveal the underlying laminar architecture. We also report the scan-rescan variability of T₂* measurements at various depths from the pial surface.

Methods. We scanned 8 healthy subjects (mean±SD age = 38.5±8.7 years) twice, a week apart, on a 7 T Siemens system to acquire multi-echo T₂*-weighted Fast Low Angle Shot (FLASH) spoiled gradient-echo images (resolution = 0.33 × 0.33 × 1 mm³), and once on a 3 T MR system to acquire T1-weighted data for cortical surface models reconstruction using FreeSurfer⁴. T₂* signal at each voxel was corrected for background field gradients in the through-slice direction, associated with B₀ inhomogeneities which were particularly present in the lower brain regions. The corrected T₂* signal was fitted voxelwise using a Levenberg–Marquardt non-linear regression algorithm as described in Cohen Adad et al (2012). The resulting T₂* maps were registered to the cortical surface models from the corresponding 3 T data. T₂* rates were sampled along the cortex at 14 different depths (5-10% intervals ranging between 10-95% depths) from pial surface (0% depth) towards white matter (WM, 100% depth). T₂* heterogeneity at these depths was assessed by comparing the average T₂* rates within FreeSurfer labeled cortical regions using Kruskal-Wallis test. Scan-rescan reproducibility was measured using coefficients of variations (COV=SD/mean) of each couple (scan-rescan) of measurements, at cortical depths 25%, 50% and 75%.

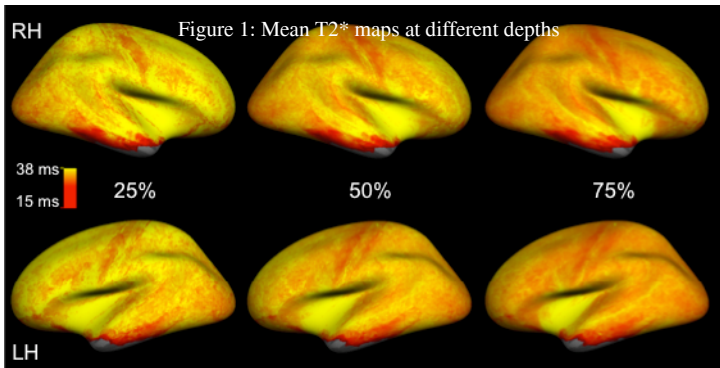


Figure 1: Mean T₂* maps at different depths

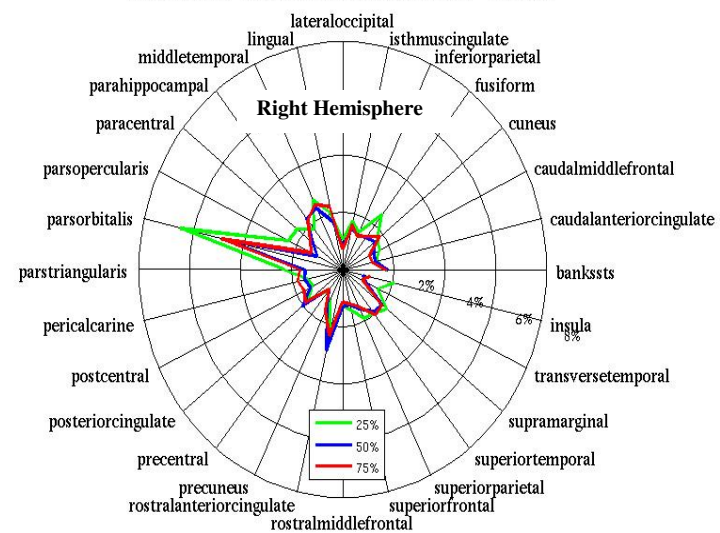
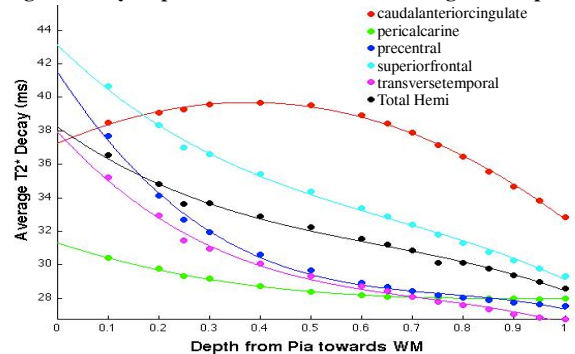


Figure 3: Coefficients of variation between scan-rescan T₂* averages

Figure 2: Layer specific variation of T₂* in the right hemisphere



Results. T₂* is significantly heterogeneous across regions ($p < 0.001$) as previously reported³, and there is no difference between hemispheres ($p = 0.27$). Across the entire cortex (whole cortex mean±SD T₂* = 33.77±1.47 ms, 32.18±1.42 ms, and 30.29±1.54 ms at 25%, 50% and 75% depths respectively) and in most individual cortical regions T₂* decreases with depth from the pial surface (Figure 1). On average T₂* is 1.6ms greater at 50% relative to 75% depth and 2.9ms greater at 25% relative to 75% depth ($p < 0.001$). Figure 2 illustrates the variation of T₂* measures across a few cortical regions in the right hemisphere and consistent shortening of T₂* with depth from the pial surface. As noted in Cohen-Adad et al (2012), average T₂* was lower in sensorimotor, auditory and visual cortices, here represented using the ‘precentral’, ‘transverse temporal’ and ‘pericalcarine’ labels respectively. Similarly, the superior frontal and the cingulate regions show a substantially high T₂* rate. Scan-rescan COVs across cortical regions range from 0.5% to 6.5% (average COV across regions, across depths = 1.64%) as can be seen in Figure 3, and COVs for whole cortex T₂* at 25%, 50% and 75% depths were 0.83%, 1.78% and 0.87%.

Discussion. Patterns of lower T₂* detected in precentral, transversal and pericalcarine regions likely reflect higher iron and co-localized myelin content³. Across cortical areas, the layer-specific decrease in T₂* from pial surface to WM is consistent with the greater degree of myelination in deeper cortical layers. We are aware that greater partial volume effect is likely to affect the estimated T₂*, particularly close to the WM and pial boundaries, however the same trends are observed after weighting voxels affected by partial volume effects, as proposed in Polimeni et al⁵.

Conclusion. Surface-based methods used to map T₂* as a function of depth are reproducible and can prove useful to study the layered structure of the cortex *in vivo*. T₂* mapping can be used to understand and potentially quantify the pathophysiology and progression of diseases associated with changes in iron and/or myelin concentration.

References. [1] Cohen-Adad, *NeuroImage* 2011. [2] Mainero, *Neurology* 2009. [3] Cohen-Adad, *NeuroImage* 2012. [4] Dale, *NeuroImage* 1999. [5] Polimeni, *NeuroImage* 2010. This study was supported by a grant of the National MS Society (NMSS) RG-4281-A-1.