

# Quantification of Myocardial Blood Volume and Water Exchange with Intravascular Contrast Agent

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## Introduction

Quantification of absolute myocardial blood volume (ml/min/100g tissue) has the potential to timely diagnose and reduce patient mortality from coronary artery disease. A method has been previously developed to quantify organ perfusion by direct calibration of *relative* perfusion images using absolute blood volume (1). It is well known that for an intravascular gadolinium-based T<sub>1</sub> shortening contrast agent, the parenchymal T<sub>1</sub> change reflects tissue blood volume. However, to accurately quantify blood flow from blood volume, we must describe the effects of intra- to extra-vascular water exchange (2). We propose a method for absolute quantification of myocardial blood volume (MBV) by using an intravascular contrast agent. A number of intravascular contrast agents, including albumin bound and USPIO, have come to the market; we chose to use MS-325 based on availability.

## Materials and Methods

**Protocol** In an instrumented dog we measured T<sub>1</sub> using a cardiac gated Modified Look Locker Inversion Recovery (MOLLI)(3) pulse sequence (slice thickness 8 mm, FOV 171 x 343 mm<sup>2</sup>, matrix 96 x192, TR 173 ms, effective TI 100 ms). Images were acquired on a 1.5 T Espree scanner (Siemens Medical Systems, Erlangen, Germany), during a short breath-hold, 5 minutes after injections of 0.003 mmol/kg of MS-325(Ablavar, Lantheus Medical Imaging, Billerica, MA).

**Image Processing** We estimated the myocardium and left ventricle blood pool T<sub>1</sub> through fitting of MOLLI signal to the regrowth curves of the Look-Locker equation by an automatic image processing program developed in MATLAB R2009a (Mathworks, Natick, MA, USA). MBV was calculated from the baseline to post-contrast change in T<sub>1</sub> in the blood pool and myocardium, according to Equation 1.

$$MBV_{FastExchange} = \frac{R_{1,tissue}^{pre-contrast} - R_{1,tissue}^{post-contrast}}{R_{1,blood}^{pre-contrast} - R_{1,blood}^{post-contrast}}$$

(1), where  $1/T_1 = R_1$

$$MBV_{noExchange} = \frac{S_{tissue}^{pre-contrast} - S_{tissue}^{post-contrast}}{S_{blood}^{pre-contrast} - S_{blood}^{post-contrast}}$$

(2)

## Results

Low dose injections of MS-325 effected significant changes in myocardial T<sub>1</sub>'s (Figure1).The measured MBV was 40% of total myocardial volume, or 28 ml/100g, a value that over-estimates those quoted in the literature (4). Water exchange in the myocardium was shown to approach the slow or no-exchange limit (Equation 2, Figure 2).

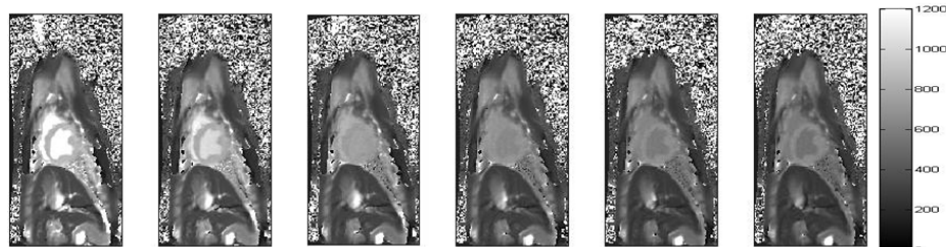
## Conclusions

We have established an imaging protocol to measure MBV and water exchange, in animal or human subjects. Over-estimation of MBV may be caused by extravasation of MS-325, and to a lesser extent by T<sub>2</sub> bias on the T<sub>1</sub> measurements with the steady-state free precession MOLLI sequence. Future steps include measuring MBV with a strictly intravascular USPIO contrast agent, application of a more sophisticated fit that includes T<sub>2</sub> effects, and determination of the water exchange constant by Monte-Carlo simulations.

## References

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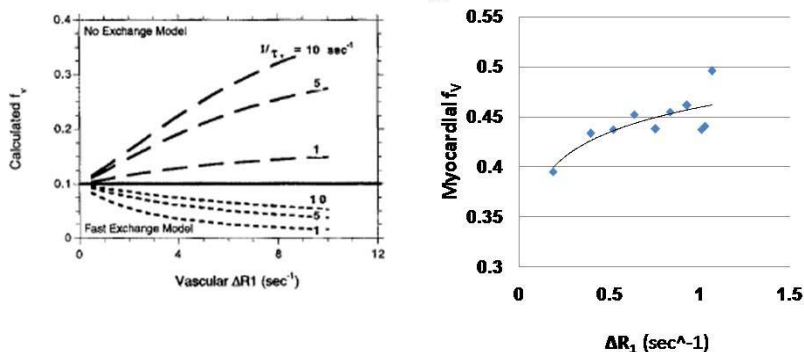
## MS-325 has a marked T<sub>1</sub> shortening effect, even in small concentrations



**Fig. 1** Preliminary results mapping T<sub>1</sub> (ms) in a canine heart under incremental cumulative changes in concentration of MS-325. Baseline and T<sub>1</sub>-enhanced images are used to quantify myocardial blood volume.

	Baseline	0.003 mmol/kg	0.009 mmol/kg	0.015 mmol/kg	0.021 mmol/kg	0.027 mmol/kg
<b>T<sub>1</sub>(LV) ms</b>	1259±63	1018±33	761±15	645±19	580±16	548±33
<b>T<sub>1</sub>(myocardium) ms</b>	871±88	818±76	727±52	676±49	634±69	624±42

## MBV Calculations Show Slow Water Proton Exchange



**Figure 2** Vascular fractions  $f_v$  predictions based on "No exchange" and fast exchange limits for a range of exchange values (left). Preliminary results from our experiments suggest the "No exchange" limit is appropriate for the quantification of myocardial blood volume (right).