

Efficient B₀-inhomogeneity insensitive TQF ²³Na Imaging.

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Introduction

It is desirable to differentiate the signal due to free sodium ions (*e.g.* extra-cellular sodium) from that due to sodium ions restricted in their mobility (*e.g.* intra-cellular) *in-vivo*. One such method of discrimination is triple-quantum filtering (see for example, [1,2,3]). It is well known [2,3] that TQF signal is severely damaged by possible B₀-inhomogeneities. The method of Wimperis *et. al.* [2] solved this problem by dephasing two out of the four contributing pathways using a gradient pulse, while the technique of Tanase and Boada [3] extracted all four contributing signals and corrected for B₀ in post processing. Unfortunately, these approaches lead to loss of SNR efficiency. Here, we propose a new method which combines the advantages of the two techniques. In our method, the signal is split into two pairs of two coherence transfer pathways and the corresponding B₀ correction is applied to each pair separately. This increases the TQF SNR efficiency by a factor of $\sqrt{2}$ compared to the references [2,3]. In addition, if the signal to noise ratio is relatively high (SNR>5), the method can produce accurate B₀-corrected TQF images even without additional B₀-map information. We present the theory and a phantom validation of the method.

Theory

Consider the TQF sequence [3,4] which consists of three excitation pulses of the same flip angle θ and corresponding phases ϕ_{123} and separated by delays $\tau_{1,2}$ (see Figure 1) followed by a readout. The received signal is (see for example [3,5]):

$$S_{\Omega}(\phi_1, \phi_2, \phi_3, t) = \sum_{p_1=1}^3 \sum_{p_2=3}^3 e^{-i(p_1\phi_1+(p_2-p_1)\phi_2-(1+p_2)\phi_3)} B_{p_1 p_2} \quad (1)$$

$$B_{p_1 p_2} = e^{-i(p_1\tau_1+p_2\tau_2)\Omega} e^{i\Omega t} A_{p_1 p_2} \quad (2)$$

where Ω is the B₀-field inhomogeneity and $A_{p_1 p_2}$ is the amplitude of the specified coherence pathway. The TQF signal is:

$$S^{TQ} = A_{+1-3} - A_{-1-3} - A_{-1+3} + A_{+1+3} \\ \approx e^{-i\Omega t} \sum_{p_1=\pm 1} p_1 [B_{p_1-3} + B_{p_1+3}] e^{+ip_1\Omega\tau_1} \quad (3)$$

Consequently, the acquisition of B₀-corrected TQF data would consist of a B₀-mapping acquisition followed by a 12-step phase cycle: 1. Acquire signals $S_{1,k}$ with $\phi_{1,k} = 2\pi k/6$, $\phi_{2,k} = 2\pi k/6$, $\phi_{3,k} = 0$ for $k=0,1, \dots,5$; 2. Acquire signals $S_{2,k}$ with $\phi_{1,k} = \pi/2 + 2\pi k/6$, $\phi_{2,k} = 2\pi k/6$, $\phi_{3,k} = 0$ for $k=0,1, \dots,5$. The B₀-corrected TQF signal can be restored according to equation (3) taking into account (4):

$$B_{p_1+3} + B_{p_1-3} = \frac{1}{2} \sum_{k=0}^5 (-1)^{k+1} (S_{1;k} + ip_1 S_{2;k}) \quad (4)$$

Results and Conclusions.

To validate the method, phantom experiments were performed on a 3T whole-body MAGNETOM Trio, A Tim System (Siemens AG, Germany) with a dual-tuned TX/RX ¹H/²³Na head coil (Stark Contrast, Germany) and a modified GRE sequence (see Figures 1-3). The RF excitation train was comprised of three non-selective pulses of 500 μ s duration each. Acquisition parameters for the TQF imaging were 240x240x240 mm³ FOV with 16x16x16 encoding matrix; TR=165ms, TE=6.6ms, FA=90⁰ and $\tau_1=5.5$ ms $\tau_2=150\mu$ s. The images were acquired both with a 24-step cycle [3] and with the 12-step phase cycle as described here. SNR efficiency improvement between the 12-step and the 24-step methods is 1.47+/-0.08 which is in an agreement with theoretically predicted value of $\sqrt{2} \approx 1.41$ (see Figure 3).

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References. 1. Jaccard, et. al. J Chem Phys 85:6282, 1986. 2. Wimperis, et. al. J Magn Reson 98:628, 1992. 3. Tanase, et. al. et. al. J Magn Reson 174:270, 2005. 4. Hancu, et. al. Magn Reson Med 42:1146, 1999. 5. Keeler, Understanding NMR Spectroscopy, Wiley&Sons, 2005.

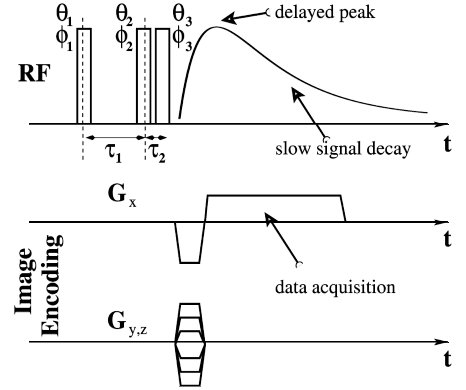


Figure 1: The schematic diagram of the TQF excitation block superposed with signal evolution and imaging readout.

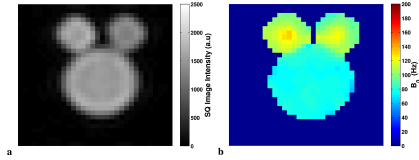


Figure 2: (a) A single-quantum sodium image of the phantom setup. Small bottles contain 4% agar gel with sodium, while large bottle contains saline. (b) B₀-map of the same slice. The field gradients cause minor intra-voxel dephasing on single-quantum images, but cause major signal dropout on the triple-quantum images (see Figure 3).

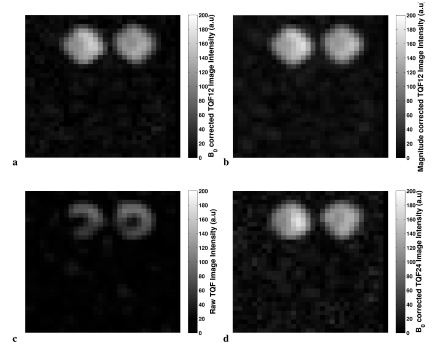


Figure 3: TQF image produced by the 12-step cycle after B₀ correction (a) and after magnitude B₀ correction (b). B₀-uncorrected TQF image (c) reveals signal dropouts in the areas of magnetic field offsets. For comparison, the TQF image produced with a 24-step cycle is presented in panel (d). SNR efficiency improvement between the 12-step and the 24-step methods is 1.47+/-0.08 which is in an agreement with theoretically predicted value of $\sqrt{2} \approx 1.41$.