

# Optimized Parallel Imaging for Dynamic PC-MRI with Multi-Directional Velocity Encoding

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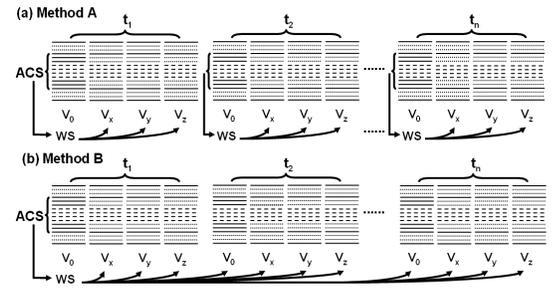
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**Introduction:** Parallel imaging using GRAPPA has been used to accelerate image acquisition via undersampling of k-space in combination with properly-arranged RF coil arrays (1). In GRAPPA, AutoCalibrating Signals (ACS) are acquired for calculating the necessary reconstruction weights (WS). For dynamic phase-contrast (PC) MRI using GRAPPA, several ACS are typically acquired separately for each velocity direction and each cardiac phase. To further accelerate PC-MRI, we developed two methods, which calculated WS with reduced ACS data (2). In this study, we improve the image quality by retaining central part of k-space. The effects on flow velocity measurements were quantitatively investigated and compared to fully acquired data, standard GRAPPA (1), and TGRAPPA (time-interleaved sampling scheme in combination with GRAPPA) (3) reconstruction. In addition, the proposed algorithms were applied to tissue phase mapping data.

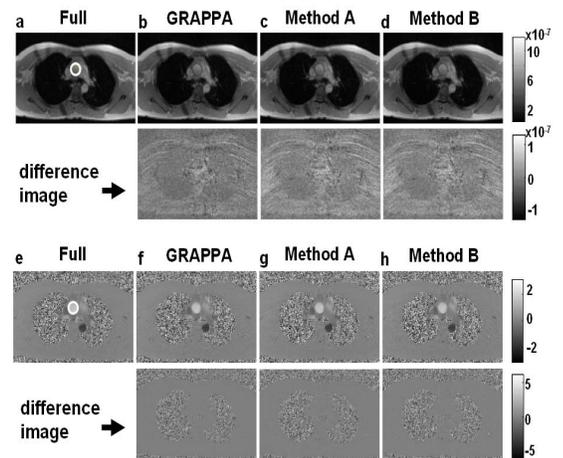
**Methods and Materials:** A full three-directional PC-MRI data set was acquired (3T Trio, Siemens, Germany, FOV=320x200mm, matrix=256x160, TR=40.8msec, VENC=1.5m/sec, 20 cardiac phases). k-lines were removed off-line to simulate GRAPPA with reduction factor (R) of 2, 3, and 4 and 32 central ACS lines (Fig.1(a)). To further accelerate data acquisition Method A computed WS from ACS of the reference image only ( $V_0$ ), which were applied to other three directionally encoded velocity data (Fig.1a). Method B estimated only the WS of  $V_0$  for the first cardiac phase ( $t_1$ ), which was then used to reconstruct all remaining images (Fig.1b). To improve the accuracy of flow measurements, images were also reconstructed with retaining 4 (Add4) or 8 (Add8) central k-lines. To evaluate different reconstruction strategies, blood flow velocities within the aorta (white circle in Fig.2a) of standard GRAPPA, TGRAPPA, and the proposed methods A and B were compared with the fully sampled data on a pixel-by-pixel basis. Images were reconstructed with  $R=2,3,4$  and  $[0,4,8]$  retained central k-lines. The new method ( $R=3$ , ACS=32, Add4) was also applied to tissue phase mapping data (matrix=256x96, TR=5.8ms, through-plane VENC=25 cm/sec, in-plane VENC=1.5cm/sec, 11 cardiac phases).

**Results:** Fig.2 shows magnitude images of fully sampled, standard GRAPPA, and the two proposed algorithms ( $R=2$ ). Difference images demonstrated only subtle discrepancies for all methods. In Bland-Altman plots (Fig.3), Method A and B (Add8) were comparable with standard GRAPPA. In contrast, TGRAPPA underestimated flow velocity. For all investigated reconstruction algorithms Fig.4 shows the correlation coefficients ( $r^2$ ) for flow velocities, standard deviation (STD) for Bland-Altman plots, root mean square error (RMSE) for magnitude images, and % of time saving compared to GRAPPA. Methods A and B demonstrated good consistency ( $r^2 = 0.86\sim 0.98$ ) with fully sampled images (Fig.4(a)), and comparable STD (Fig.4(b)) and RMSE (Fig.4(c)) while providing additional reduction in scan time of 10%~17% ( $R=2$ ) and 15%~28% ( $R=3$ ) (Fig.4(d)). The application of Method A and B to tissue phase mapping data (Fig. 5) resulted in myocardium velocities comparable with standard GRAPPA and fully sampled data.

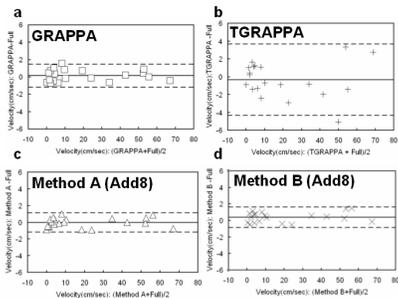
**Discussion and Conclusions:** The two proposed methods based on reduced ACS data acquisition can improve scan efficiency of dynamic PC-MRI while maintaining image quality and accuracy of measured flow velocities. The usage of retained central k-lines (Add4 and Add8) can improve the accuracy of flow measurements. For  $R=4$ , however, the images reconstructed with all reconstructed methods are deteriorated. Compared to TGRAPPA, Method A and Method B have proved to provide more accurate results (smaller STD) in evaluating flow velocity. For Add8, the proposed methods are comparable with standard GRAPPA. In contrast to k-t GRAPPA (4), the proposed methods can be implemented using the standard GRAPPA reconstruction. In conclusion, the two proposed reconstruction provide additional imaging acceleration of up to 25% for dynamic and multi-directional encoded acquisitions for  $R=2$  and  $R=3$ .



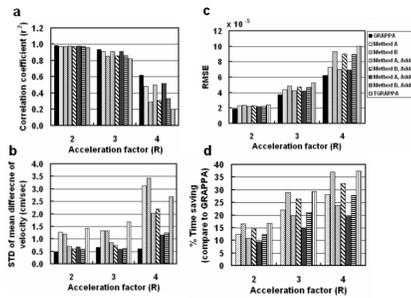
**Fig.1.** Method A (a) & B (b) with  $R=3$ . Solid line: acquired line. Dotted line: missing line. Dashed-line: retained central k-line. ACS: auto-calibrating signal. WS: coil weight estimation.



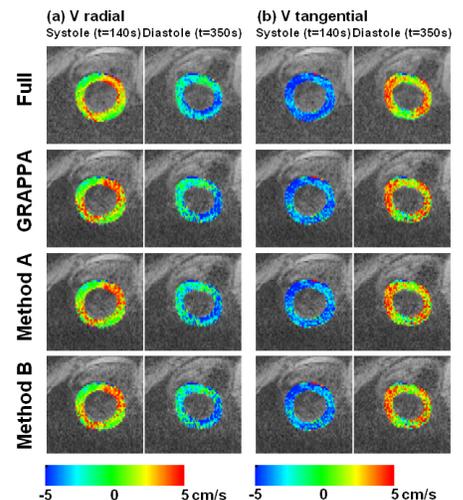
**Fig.2.** Magnitude images (a-d) and flow images (e-h) reconstructed with different strategies. The difference images (compare to fully sampled data) are shown in lower rows.



**Fig.3.** Bland-Altman plots reflecting the accuracy of flow measurements. Method A and B are comparable with GRAPPA. Without additional central k-lines TGRAPPA underestimates velocity.



**Fig.4.**  $r^2$  (a), STD (Bland-Altman plot) (b), and RMSE (c) for all methods for  $R=2,3,4$  and added central k-lines. The results of Method A and B (with  $R=3$ , ACS=32, Add4 or Add 8) are comparable with GRAPPA.



**Fig.5.** Myocardial motion velocities in radial (a) and circumferential (b) directions. Results of Methods A and B are comparable to standard GRAPPA and fully sampled data.