

# Quantification of Myocardial Oxygen Consumption Rate: Initial Experience in Humans

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## Purpose

Myocardial oxygen supply and demand has to match to maintain normal myocardial contractility. Myocardial oxygen consumption (MVO<sub>2</sub>), which determines the total myocardial oxygen demand, may provide accurate assessments of this balance in the heart. Recent studies in animals have shown the promise for the non-invasive quantification of MVO<sub>2</sub> by cardiac MR (CMR) techniques [1]. The purpose of this study is to assess the ability of our newly developed CMR methods to quantify regional myocardial MVO<sub>2</sub> at rest and during pharmacologically-induced hyperemia in normal volunteers.

## Methods

Five volunteers without documented coronary artery disease were recruited (4M, age = 35 ± 4 old). All participants underwent CMR study at rest and then during adenosine vasodilation. This study was performed with a 1.5T Siemens Sonata system. Adenosine was infused intravenously for 6 minutes at a constant rate of 0.14 mg/kg/min by using a MR compatible infusion system (Medrad

**Table 1.** Imaging Sequence Parameters

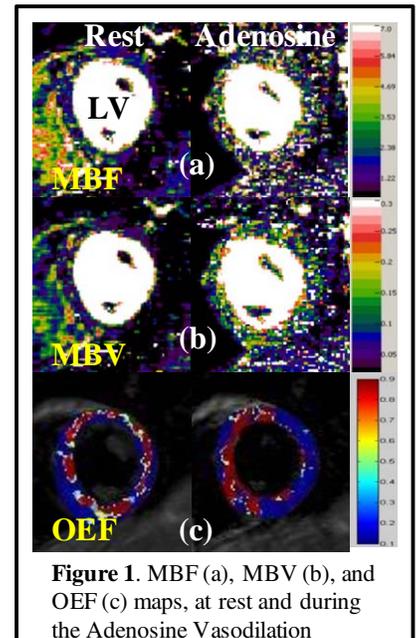
	Echo #	TEs (ms)	Flip Angles	Seg. #	Scan Time
DB-TSE	3	24,48,72	NA	3	16 sec
BB-T2prep-GE	5	24,36,48,60,72	12°	31	20 sec
TurboFLASH	1	TR/TE=2/1.1	18°	1	50 sec

Continuum, Medrad, Indianola, PA). CMR methods include a dark-blood (DB) turbo-spin-echo (TSE) sequence and a bright-blood (BB) T<sub>2</sub>-prep-gradient-echo (T<sub>2</sub>-prep-GE) sequence for acquiring T<sub>2</sub>-weighted images. Myocardial perfusion was measured using a turboFLASH sequence to collect 80-100 dynamic images. A bolus injection of 0.02 mmol/kg Multihance (Bracco Diagnostic, Princeton, NJ) was started 5 sec after the start of the perfusion measurement. T<sub>2</sub>-weighted imaging and dynamic perfusion imaging were performed at rest and during the adenosine injection. The volunteers were instructed to hold their breath during each imaging session. Table 1 lists the imaging parameters for each sequence.

Global myocardial oxygen extraction fraction (OEF) at rest was determined in the coronary sinus using the T<sub>2</sub>-prep-GE sequence. The quantification of OEF was different from a previously reported method [2]. A predefined relationship between OEF-blood T<sub>2</sub> was used to calculate OEF in the coronary sinus. Regional myocardial OEF during adenosine vasodilation was calculated by a two

**Table 2.** Volunteer Study Findings

	Rate-Pressure Product	MBF (ml/g/min)	MBV (ml/100g)	OEF (DB-TSE)	MVO <sub>2</sub> (umol/g/min)
Rest	7576±1478	0.94±0.29	5.07±1.22	0.72±0.06	5.52±1.75
Adenosine	12244±2314	2.49±0.28	7.18±1.26	0.35±0.09	7.10±2.23



**Figure 1.** MBF (a), MBV (b), and OEF (c) maps, at rest and during the Adenosine Vasodilation

compartment model with hyperemic myocardial T<sub>2</sub> (DB-TSE) or with hyperemic T<sub>2</sub>-weighted signals (BB-T<sub>2</sub>-prep-GE) [3]. Myocardial blood flow (MBF) and blood volume (MBV), both at rest and during pharmaceutical stress, were determined using a newly developed model-independent algorithm [4]. Global MVO<sub>2</sub> was calculated by drawing an ROI on the MBF and OEF maps and using Fick's law:  $MVO_2 \propto OEF \times MBF$ . Figure 1 shows one set of images from one volunteer.

## Results

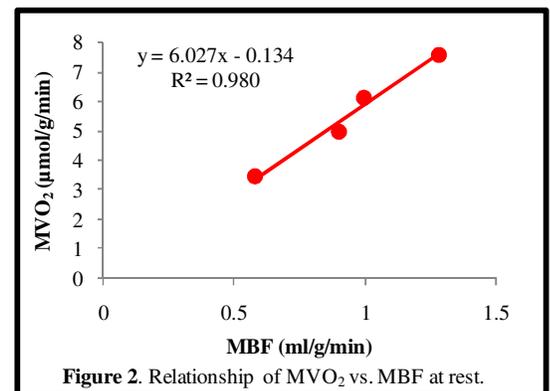
MBF, MBV, and MVO<sub>2</sub> results can be seen in Table 2. As expected, injection of adenosine increased MBF 165% and MBV 41%. Myocardial OEF was reduced 102% and MVO<sub>2</sub> increased 29% with a concomitant increase in the rate-pressure product. MBF is linearly correlated with MVO<sub>2</sub> at rest ( $R^2 = 0.98$ ) (Figure 2), but adenosine infusion disrupts this correlation ( $R^2 = 0.33$ ), indicating a mismatch of myocardial perfusion and oxygen demand. No significant correlation was observed between MBV and MVO<sub>2</sub>, at rest or during adenosine vasodilation. In comparison, the BB-T<sub>2</sub>-prep-GE method yielded a hyperemic OEF of  $0.42 \pm 0.09$  and a hyperemic MVO<sub>2</sub> of  $8.6 \pm 2.8 \mu\text{mol/g/min}$  (no significant differences vs. the DB-TSE method). The sensitivity for 100% MBF increase with adenosine vasodilation is approximately 3.2% using the BOLD TSE sequence and 16% using the T<sub>2</sub>-prep sequence.

## Conclusions

Our CMR methods may non-invasively quantify myocardial perfusion and MVO<sub>2</sub>. The BB-T<sub>2</sub>-prep-GE method shows much higher sensitivity to the changes in MBF.

## References

1. McCommis KS, et al. Magn. Reson. Imaging, 200;26:11-9.
2. Foltz WD, et al. Magn. Reson. Med, 1999; 42: 837-848.
3. Zheng J, et al. Magn Reson Med 2004;51:718-26.
4. Goldstein TA, et al. Magn Reson Med, 2008; 59: 1394-1400.



**Figure 2.** Relationship of MVO<sub>2</sub> vs. MBF at rest.