

# Brain Tissue Segmentation using Fast T1 Mapping

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## Introduction

Automated segmentation of the brain structure in MR images has been widely utilized in quantitative tissue volumetric measurement, such as voxel-based morphometric (VBM). White matter (WM), gray matter (GM) and cerebral spinal fluid (CSF) are commonly used as representative components of brain tissue compartmental models. MR images weighted by spin-lattice relaxation time constant ( $T_1$ ) are usually employed for tissue segmentation. However, the signal intensity of a  $T_1$ -weighted image is sensitive to hardware settings such as RF coil uniformity and gradient-induced eddy currents, as well as susceptibility artifacts due to subject's anatomy [1]. Furthermore, the segmentation used for  $T_1$ -weighted images relies on statistical models for a general population, but may not consider for variations in age-dependent groups or specific patient populations. In this study, we present an automated brain tissue segmentation method based on modeling of individual quantitative  $T_1$  values. This method is insensitive to instrumental settings and can be used to address specific populations.

## Methods

**Fast  $T_1$  measurement:** Recently a fast  $T_1$  measurement method using inversion recovery Look-Locker echo-planar imaging at a steady state (IR LL-EPI SS) was proposed [2]. When a series of  $\alpha^\circ$  pulses with a time interval of TR are applied after an inversion pulse, the effective relaxation time constant ( $T_1^*$ ) can be expressed as  $1/T_1^* = 1/T_1 \cdot \ln(\cos\alpha)/\text{TR}$ . As shown in Fig.1, after the signal intensity approaches to a steady state ( $M_{SS}$ ), segmented LL-EPI acquisitions are performed, each with duration of TD. With no delay time between the LL-EPI acquisitions, the signal intensity is described as  $S(t) = M_{SS}/[1-2\exp(-t/T_1^*)]$ .

**Automated segmentation:** A three-compartment model (WM, GM, and CSF) was used for segmentation. Tissue segmentation was defined as fractional volume ( $f_v$ ) measurement. The signal normalized by  $M_{SS}$  can be expressed as:

$$\text{signal} = \sum_{i=WM,GM,CSF} \rho_i f_v (1 - \exp(-TR/T_{1,i})) / (1 - \exp(-TR/T_{1,i}) \cos \alpha) \times (1 - 2 \exp(t/T_{1,i}^*)),$$

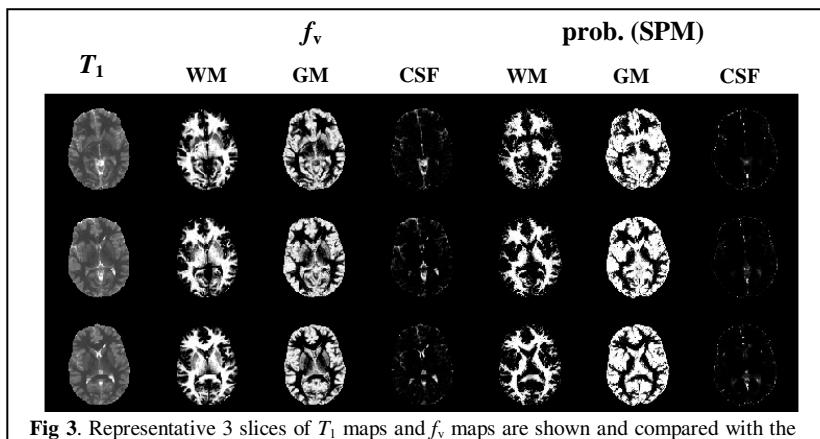
where subscript  $i$  represents each tissue type, and  $\rho$  is the water density (0.73, 0.89, and 1 in WM, GM, and CSF [3]). Considering individual variations in  $T_1$  [4],  $T_1$  and  $T_1^*$  values in WM and GM are measured individually from the whole brain  $T_1$  histogram (see Fig 2), and  $T_1$  value in CSF was set to 4500 ms.

**MR imaging:** Nine healthy subjects were scanned using the segmented IR LL-EPI SS sequence on a Siemens 3T scanner. The following MR imaging protocols were used: non-selective IR, TR/TE=400/13 ms,  $\alpha=16^\circ$ , matrix=128x128, bandwidth=1056Hz/voxel, 5 lines per acquisition, 35 slices, no gap between slices, TD=10s (Fig.1b), and total scanning time = 4 min and 32 s.

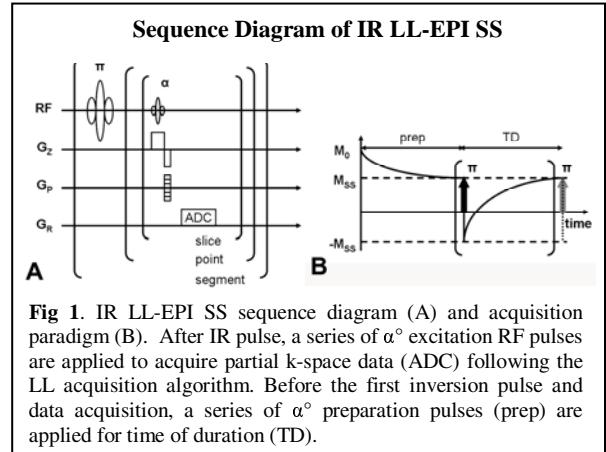
## Results and Discussion

From the  $T_1$  histograms, average  $T_1$  values ( $N=9$ ) were measured as  $921 \pm 28$  ms in WM and  $1537 \pm 32$  ms in GM. Fast whole brain  $T_1$  mapping was achieved by the IR LL-EPI SS method and  $f_v$  maps were obtained from the three-compartment model. Fig.3 shows the representative 3 slices of  $T_1$  and  $f_v$  maps, and corresponding probability maps using statistical parametric mapping (SPM). In Fig.4, a voxel-by-voxel comparison of tissue segmentation between the proposed method and probability (prob.) map using SPM in whole brain is shown. The automated segmentation based on quantitative  $T_1$  values is expected to have advantage over segmentation based on relative signal intensity in  $T_1$ -weighted image. The correction of the noninformativeness in the signal intensity is not needed in the current method. Quantitative  $T_1$  maps provide larger range of contrast than  $T_1$ -weighted images, which may improve the accuracy of the segmentation. The proposed method can also be easily used to measure tissue fractions in disease populations and age-dependent groups.

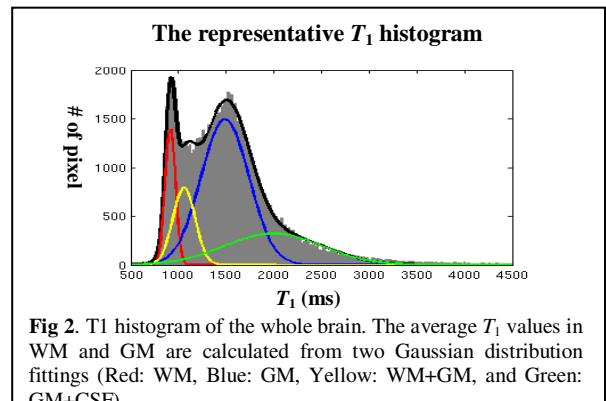
**References** [1] Sled et al, IEEE, 1998. [2] Shin et al., MRM, in press. [3] Herscovitch et al, JCBFM, 1985. [4] Suzuki et al, MRI, 2006.



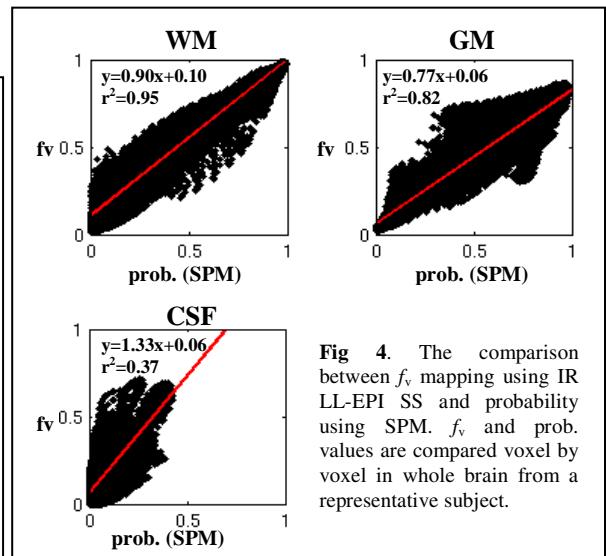
**Fig 3.** Representative 3 slices of  $T_1$  maps and  $f_v$  maps are shown and compared with the probability maps using SPM.  $T_1$  maps are presented from 0 (black) ms to 3500 (white) ms, and  $f_v$  maps and probability maps are shown from 0 to 1.



**Fig 1.** IR LL-EPI SS sequence diagram (A) and acquisition paradigm (B). After IR pulse, a series of  $\alpha^\circ$  excitation RF pulses are applied to acquire partial k-space data (ADC) following the LL acquisition algorithm. Before the first inversion pulse and data acquisition, a series of  $\alpha^\circ$  preparation pulses (prep) are applied for time of duration (TD).



**Fig 2.**  $T_1$  histogram of the whole brain. The average  $T_1$  values in WM and GM are calculated from two Gaussian distribution fittings (Red: WM, Blue: GM, Yellow: WM+GM, and Green: GM+CSF).



**Fig 4.** The comparison between  $f_v$  mapping using IR LL-EPI SS and probability using SPM.  $f_v$  and prob. values are compared voxel by voxel in whole brain from a representative subject.