The Bilateral Effect of Unilateral Nerve Injury - ²H DQF NMR Study of Rat Sciatic Nerves

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Orthopaedic Surgery, Kyoto Prefectural University of Medicine, Kyoto, Japan **Introduction**: There are sporadic reports in the literature [1-3] that unilateral injury of a peripheral nerve has an effect on the contralateral nerve. This effect, which is hitherto unexplained and remained questionable in the medical community, has major clinical implications and, from the research point of view, rules out the contralateral nerve as a valid control. Here we present a ²H DQF NMR study of the effect of Wallerian degeneration on the three nerve compartments of the injured, contrallateral and the control

rat sciatic nerves. Striking differences between the contrallateral and the control nerves are reported.

<u>Materials and Methods</u>: The right sciatic nerve of Wistar rats was injured and both the injured and the contralateral nerves were isolated 1, 2, 3, and 4 days after the incision (n=3 for each time point). The isolated nerves were equilibrated in deuterated saline and positioned in 5 mm NMR tubes containing Fluorinert with their long axis parallel B₀. ²H in-phase DQF spectra, at various creation times (τ) [4] and SQ spectra were measured on a Bruker ARX 500 NMR spectrometer.

Theoretical Background: The quadrupolar splitting v_Q depends on the ²H quadrupolar splitting v_b of water molecules directly interacting with the fibers, their fraction P_b , and the alignment relative to the magnetic field according to: $v_Q = v_b P_b (3\cos^2\theta - 1)/2$. The ²H NMR spectrum of rat sciatic nerve equilibrated in D₂O consists of a strong singlet accompanied by two pairs of quadrupolar split satellites [5]. The satellites were previously assigned to the water in the epineurium ($v_Q \sim 120$ Hz) and the endoneurium ($v_Q \sim 450$ Hz). In the double quantum filtered (DQF) spectrum, the strong singlet, which is mainly due to free water, is filtered out and another, relatively narrow signal, which in the single pulse spectrum was masked by the water signal, is evident. This narrow signal ($v_Q \sim 10$ Hz) was assigned to intraaxonal water. In the epineurium and endoneurium it was shown that the quadrupolar splitting stems from the interaction of the water molecules with the oriented collagen fibers, while in the axon, it might be the interaction with the neurofilaments.

<u>Results:</u>. During the 4 days of the study, a continuous and significant decrease of the narrow DQF signal assigned to the intraaxonal water was observed. At day 4 (see Fig.), only a very small intraaxonal signal is detected in the injured leg as compared to the contralateral and intact control. The effect on the water of the endoneurium and the epineurium is much less significant, as can be seen both from the SQ and DQF spectra. In the contralateral nerves the intraaxonal signal is only slightly affected. On the other hand we observed a fast and large decrease of the water signal from the epineurium after the incision. At day 4 this signal is almost undetectable.

Discussion: The decrease of the intraaxonal signal is an indication of degeneration of the neurofillaments. In the contralateral nerve, the injury affects mostly the external compartment of the nerve – the epineurium. The method we are using is sensitive to ordering and in the case of the epineurium, we have previously shown that this is determined by the collagen fibers. We can thus deduce that in the contralateral nerve the collagen fibers of the epineurium are severly affected. These results are in accordance with Beel et al. [3]) who has found the contralateral nerves have altered mechanical properties. **References:**

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