

# TmDOTMA<sup>-</sup>: A sensitive MR thermometry probe for in vivo applications

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## Introduction

Non-invasive temperature monitoring has many direct uses in medicine. MR thermometry techniques based on the chemical shift, relaxation rates and molecular diffusion rate of <sup>1</sup>H water signal suffer from poor thermal resolution. Zhu *et al.* [1] and we [2] independently developed a non-invasive MR thermometer based on the temperature dependence of hyperfine shifted <sup>1</sup>H signal of the paramagnetic lanthanide complex, TmDOTA<sup>-</sup>. One potential drawback of TmDOTA<sup>-</sup> is low signal-to-noise ratio. In this study, we evaluate the use of lanthanide complexes of a methyl substituted analog of DOTA<sup>4-</sup>, DOTMA<sup>4-</sup> for MR thermometry. Aime *et al.* [3] have explored the utility of Yb-DOTMA<sup>-</sup> as temperature sensitive imaging probe. DOTMA<sup>4-</sup> has 12 equivalent protons on the four methyl groups and gives three times more intense signal compared to TmDOTA<sup>-</sup>. In addition, the methyl proton signals have longer T<sub>2</sub> and narrower line-widths because of fast free rotation of the CH<sub>3</sub> groups and reduced through-bond paramagnetic contact interaction.

## Experimental

LnDOTMA<sup>-</sup> were synthesized from Ln<sub>2</sub>O<sub>3</sub> (Ln = Pr, Yb, Tb, Dy and Tm) and Na<sub>4</sub>DOTMA. <sup>1</sup>H spectra of the LnDOTMA<sup>-</sup> complexes were acquired in the temperature range 22 to 55 °C using a Varian 9.4 T 89 mm vertical bore MR system. <sup>1</sup>H spin-lattice (T<sub>1</sub>) and spin-spin (T<sub>2</sub>) relaxation times of the methyl resonances from the five LnDOTMA<sup>-</sup> complexes were measured at 37 °C. To determine the effects of pH and Ca<sup>2+</sup>, on the chemical shift of the methyl resonance of the TmDOTMA<sup>-</sup>, the experiments were conducted at 37 °C at five different pH values (3 to 11) and five different Ca<sup>2+</sup> concentrations (0 to 3 mM). *In vivo* temperature measurements were performed on subcutaneously (sc) implanted RIF-1 tumor in C3H/HeN mice using a 1 cm diameter surface coil placed over the tumor. 1-2 mmole of TmDOTMA<sup>-</sup> per kilogram body weight was injected through a tail vein. Animal core body temperature was monitored with a rectal fiber-optic temperature probe. The animal temperature was manipulated over temperature ranging from 35 to 40 °C by blowing warm air into the magnet bore.

## Results and Discussion

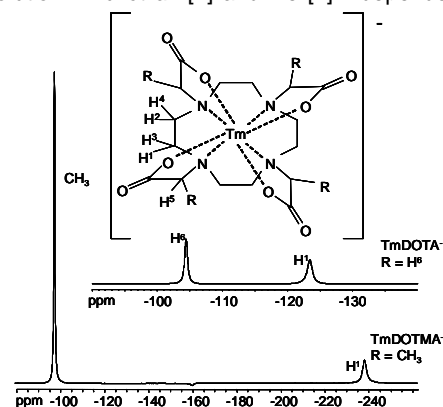
Figure 1 shows the structure and <sup>1</sup>H MR spectra of TmDOTA<sup>-</sup> and TmDOTMA<sup>-</sup> showing H<sup>1</sup> and H<sup>6</sup> or methyl proton signals. The SNR advantage with TmDOTMA<sup>-</sup> is clearly apparent in the spectra. Table 1 shows the chemical shifts, temperature coefficients of chemical shift (C<sub>T</sub>), line-widths and relaxation times for the methyl resonance from the five complexes. Tb(III), Dy(III), and Tm(III) complexes of DOTMA<sup>4-</sup> show two resonances because of the presence of two conformational isomers. The relative amount of the minor isomer of TmDOTMA<sup>-</sup> is < 4%. The C<sub>T</sub> value is the largest for the methyl signal from TmDOTMA<sup>-</sup>. The ratio of temperature coefficient and resonance full width at half height ( $|C_T|/FWHH$ ) is also largest for TmDOTMA<sup>-</sup>, therefore, this complex was further evaluated. The methyl proton chemical shifts of TmDOTMA<sup>-</sup> are independent of the pH, Ca<sup>2+</sup> concentration or presence of any blood plasma. The proton T<sub>1</sub> and T<sub>2</sub> values for the methyl resonance of TmDOTMA<sup>-</sup> at 37 °C and 9.4 T are 5.3 and 4.1 ms, respectively. These values are approximately two times more compared to the H<sub>6</sub> signal from TmDOTA<sup>-</sup>. These data clearly show the advantages of TmDOTMA<sup>-</sup> over TmDOTA<sup>-</sup>. Figure 2 shows representative *in vivo* <sup>1</sup>H spectra of TmDOTMA<sup>-</sup> from a sc-implanted RIF-1 tumor. The tumor temperature was always lower than the core body temperature. This demonstrates that TmDOTMA<sup>-</sup> allows robust measurement of temperature in sc implanted tumors and other tissue in intact animals.

## Conclusion

The major advantages of TmDOTMA<sup>-</sup> for MR studies include 1) ~60 times more sensitivity to temperature than water and 15 times more than YbDOTMA<sup>-</sup>; 2) more intense signal and longer T<sub>2</sub> compared to TmDOTA<sup>-</sup> [1,2]; and 3) insensitivity to changes in concentration, pH, [Ca<sup>2+</sup>] and presence of other ions and macromolecules. These properties should make TmDOTMA<sup>-</sup> useful for MR thermometry in a wide range of applications.

## References

1. CS Zuo, A Mahmood, AD Sherry, J Mag Res, 151:101-106, 2001.
2. SK Hekmatyar, H Poptani, A Babsky, D Leeper, N Bansal. Int J. Hyperthermia, 18:165-180, 2002.
3. S Aime, M Botta, M Fasano, E Terreno, P Kinchesh, L Calabi, L Paleari, Mag Reson Med 35:648-651, 1996.



**Fig. 1:** <sup>1</sup>H MR Spectra of TmDOTA<sup>-</sup> and TmDOTMA<sup>-</sup> showing H<sup>1</sup> and H<sup>6</sup> or methyl proton signals. The H<sup>1</sup> resonances from both the complexes is set to the same signal intensity demonstrating the SNR advantage with the methyl resonance from TmDOTMA<sup>-</sup>.

**Table 1:** <sup>1</sup>H chemical shifts, temperature coefficients (C<sub>T</sub>), full-width at half-height (FWHH),  $|C_T|/FWHH$ , T<sub>1</sub> and T<sub>2</sub> for <sup>1</sup>H methyl signal from Pr(III), Yb(III), Tb(III), Dy(III) and Tm(III) complexes DOTMA<sup>4-</sup>.

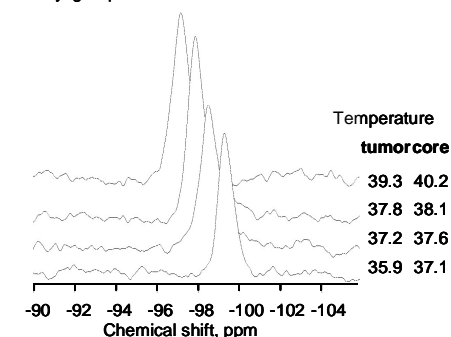
Lanthanide complex	<sup>a</sup> Shift ppm	<sup>b</sup> C <sub>T</sub> ppm/°C	<sup>c</sup> FWHH ppm	$ C_T /FWHH$	<sup>d</sup> T <sub>1</sub> ms	<sup>d</sup> T <sub>2</sub> ms
PrDOTMA	6.80	-0.014	0.065	0.210	90	17
YbDOTMA	-13.9	0.058	0.063	0.933	59	29
*TbDOTMA	63.3	-0.269	0.90	0.300	3.0	1.3
	57.5	-0.130	0.48	0.273		
*DyDOTMA	73.3	-0.233	0.59	0.395	2.2	1.7
	78.0	-0.325	0.93	0.351		
TmDOTMA	-99.6	0.586	0.43	1.362	5.3	4.1
	-67.1	0.184	0.39	0.473		

<sup>a</sup> at 35 °C;

<sup>b</sup> Slope of shift vs temperature data from 22-55 °C.

<sup>c</sup> Absolute value of the ratio of temperature coefficient of chemical shift (C<sub>T</sub> in ppm/ °C) and the FWHH (full width half height) at 35 °C (in ppm).

\*Represents the existence of the isomers for each of the methyl group.



**Fig. 2:** Representative *in vivo* <sup>1</sup>H spectra from methyl resonance of TmDOTMA<sup>-</sup> from sc-implanted RIF-1 tumor. The tumor temperature was calculated from the chemical shift of the TmDOTMA<sup>-</sup> methyl proton signal with respect to the water proton signal set to 4.7 ppm. The core temperature was measured using a fibre-optic rectal probe.